

SHARING OUR STORIES

• Two-Eyed Seeing & Co-Learning •

to bring together Indigenous Traditional Knowledges & Western Sciences

2011 Mi'kmaq Lecture Series
Wagmatcook First Nation, NS
28 April 2011



Wagmatcook
Culture & Heritage
Centre

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**Cheryl
Bartlett**



**Murdena
&
Albert
Marshall**





**Land of the
Blackfoot**



**Land of the
Mi'kmaq**

**Mi'kmaw Elder Murdena Marshall; October 2010,
Head-Smashed-In Buffalo Jump,
UNESCO World Heritage Site, Alberta**



**Land of the
Blackfoot**

**October 2010,
Blackfoot Crossing
Historical Park, Alberta**



**Land of the
Blackfoot**

Cheryl, Florence, Albert, Murdena

**October 2009,
Blackfoot Crossing, Alberta**

**Land of the
Blackfoot**



**October 2009,
Blackfoot Crossing, Alberta**

**Land of the
Blackfoot**

Cheryl and Brendan

**October 2009,
Blackfoot Crossing, Alberta**

Ridge-Under-Water or Blackfoot Crossing

As one gazes at the pristine Bow River Valley vista, it is easy to imagine oneself being transported back in time. Can you see the many horses and their riders fording the river below? The air is filled with the smell of wood smoke rising from the hundreds of tipis in the encampment. The sound of drums, people laughing and talking, drifts through the valley. Everyone is joyful to be together, to share stories, to trade, to learn of relatives and of loved ones.

For thousands of years, Blackfoot Crossing has been an important meeting place for Native peoples. In 1877, at Chief Crowfoot's insistence, Treaty 7 was negotiated here. Peaceful settlement was reached between representatives of the crown and of the Blackfoot, Blood, Tsuu T'ina, Stony and Peigan peoples. The land on which you are now standing is the Siksika Reserve, part of the treaty settlement.

**Land of the
Blackfoot**

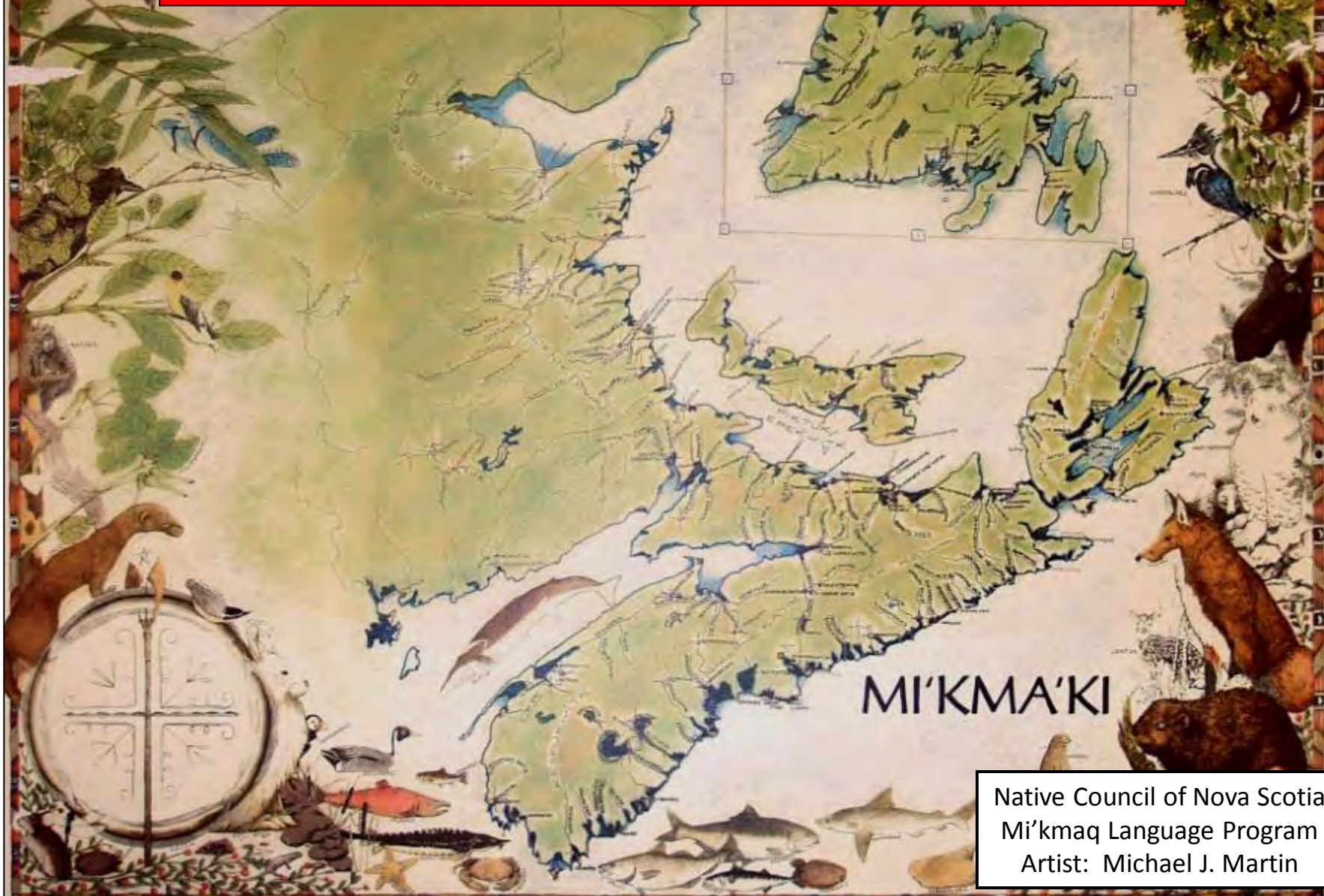
Siksika



LAND OF THE MI'KMAQ



LAND OF THE MI'KMAQ



MI'KMA'KI

Native Council of Nova Scotia
Mi'kmaq Language Program
Artist: Michael J. Martin

LAND OF THE MI'KMAQ

Unama'ki

“Land of Fog”
(Cape Breton Island)

Pitupaq

“flowing into oneness”
(Bras d'Or Lakes)

MI'KMA'KI

Native Council of Nova Scotia
Mi'kmaq Language Program
Artist: Michael J. Martin

LAND OF THE MI'KMAQ



Mi'kmawey Debert Interpretive Trail

Pjila'si, wije'winen

Welcome, come with us

Mi'kmawey Debert Interpretive Trail is a journey of discovery and learning. It is a trail that leads you to the heart of the Mi'kmawey Debert Cultural Centre, where you can learn about the history and culture of the Mi'kmawey Debert people. The trail is a beautiful and scenic walk through the heart of the Mi'kmawey Debert Cultural Centre, where you can learn about the history and culture of the Mi'kmawey Debert people.

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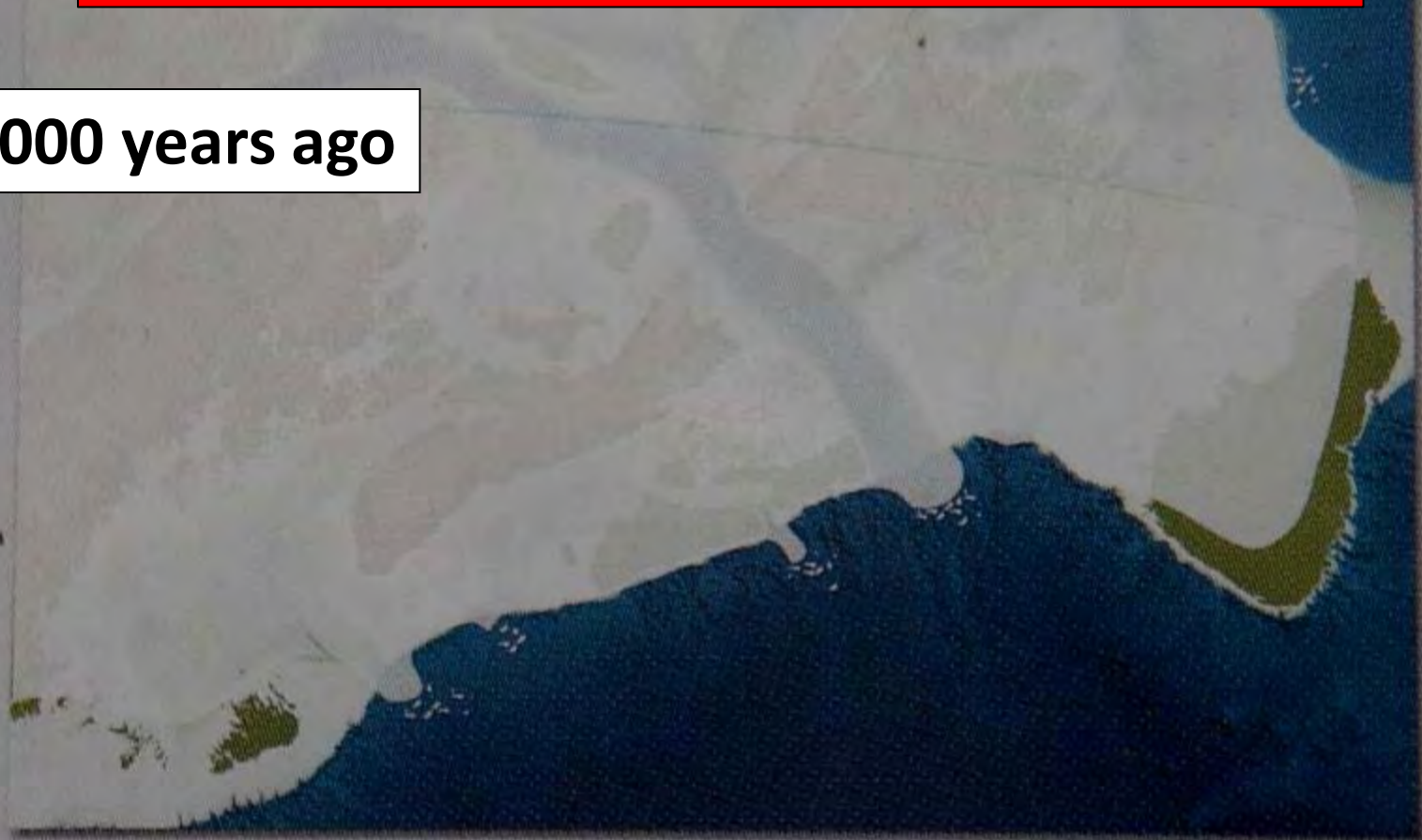
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Information Source: Signage on Mi'kmawey Debert Interpretive Trail

LAND OF THE MI'KMAQ

18,000 years ago



Extent of ice at its peak 18,000 years ago. The glacier was over a kilometre thick!

LAND OF THE MI'KMAQ

13,000 years ago



Extent of ice 13,000 years ago. There is very little land on which to live.

LAND OF THE MI'KMAQ

12,000 years ago



Extent of ice 12,000 years ago. The large continental ice sheet retreated, leaving localized areas of glaciation.

LAND OF THE MI'KMAQ

11,000 years ago



Extent of ice 11,000 years ago. People lived at the Debert site sometime between 11,000 and 10,000 years ago.

LAND OF THE MI'KMAQ

9,000 years ago



Sea level was at its lowest 9,000 years ago largely due to land bouncing back from the weight of the glaciers.

LAND OF THE MI'KMAQ

6,000 years ago



By 6,000 years ago the shoreline was much as we see it today.

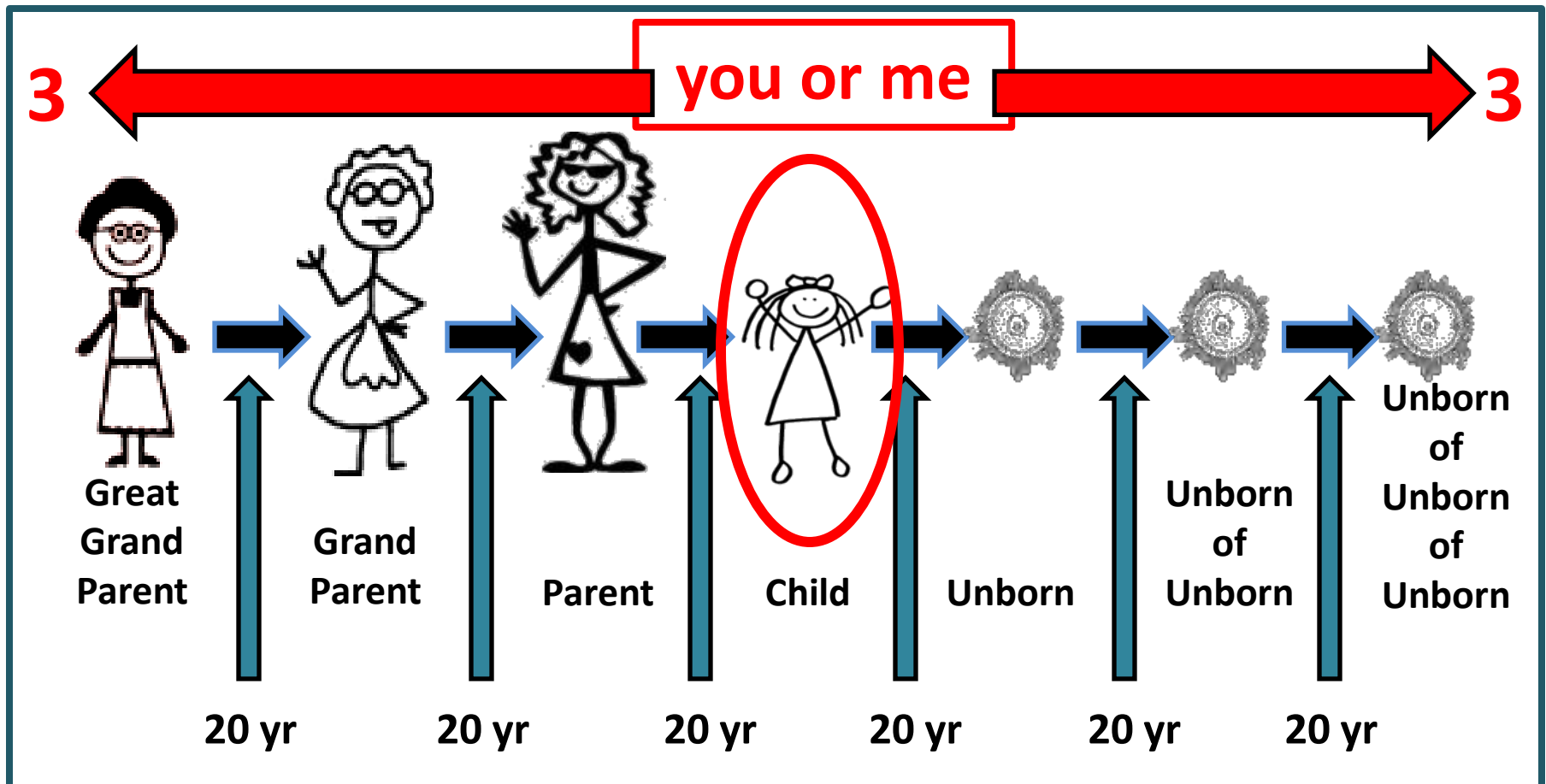
**Our Mi'kmaw culture is built on long term vision
and our decisions were made with the
next Seven Generations in mind.**

values, actions, knowledge of interconnectiveness



Mi'kmaw Traditional Knowledge

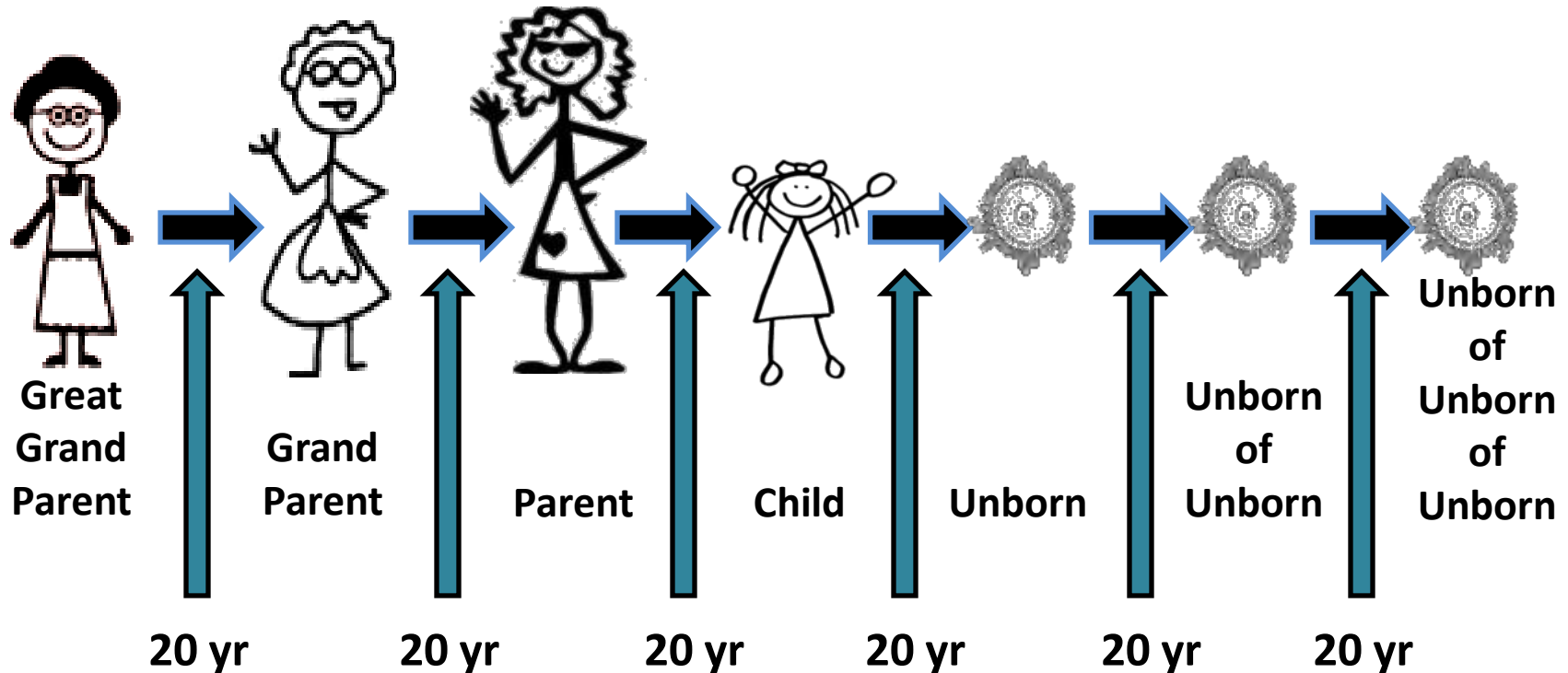
ONE GENERATION \approx 120 years



Mi'kmaw Traditional Knowledge

SEVEN GENERATIONS \approx 840 years

ONE GENERATION \approx 120 years



Mi'kmaw Traditional Knowledge



**Elder
Murdena
Marshall**



**Traditional Knowledge
was never meant to be
static and stay
in the past.**

**Rather, we must bring it
into the present so that
everything becomes
meaningful in our lives
and communities.**

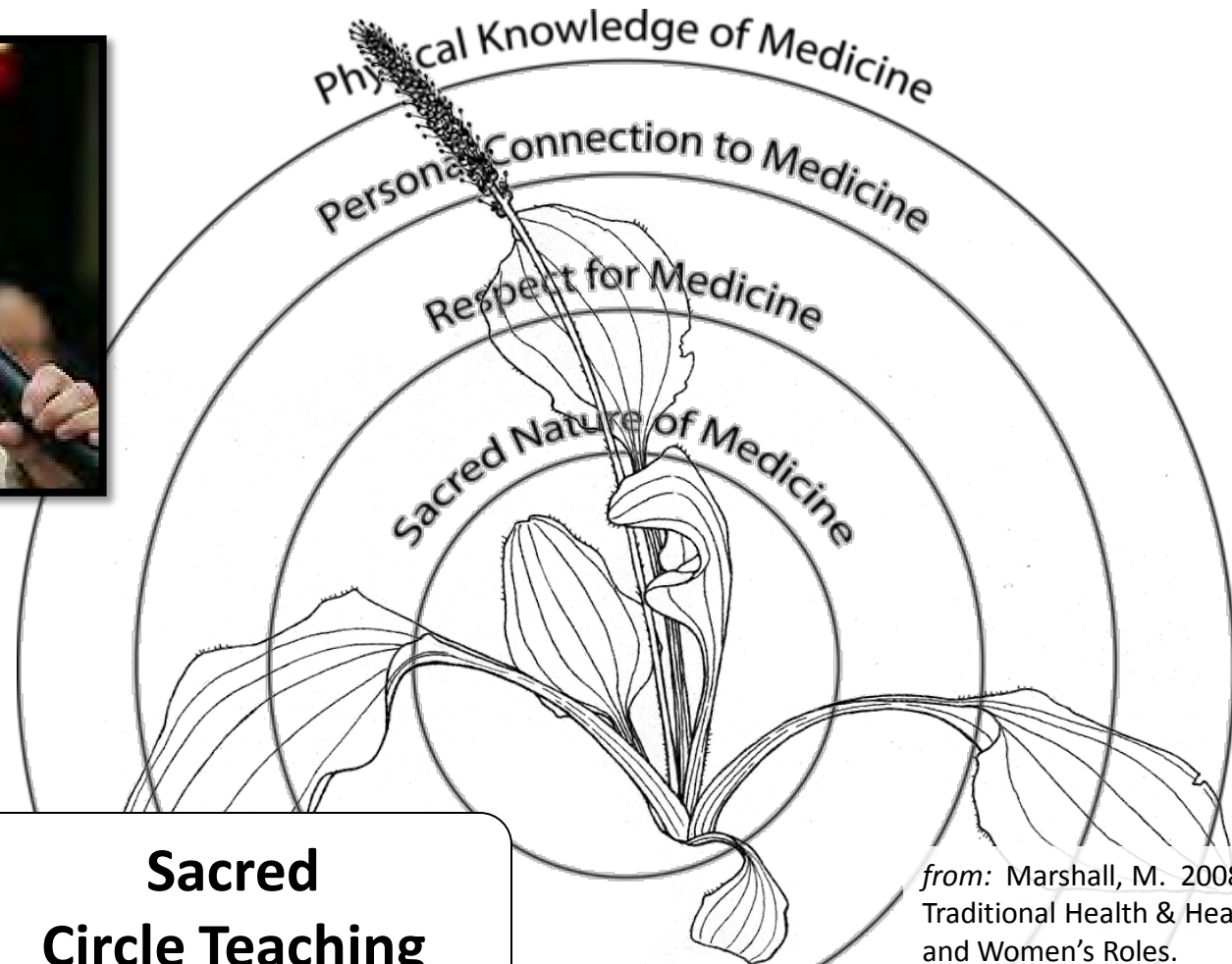
words of: Elder Murdena Marshall,
Eskasoni community, Mi'kmaw Nation

Mi'kmaw Traditional Knowledge

is living knowledge ... and has a worldview of interconnectiveness



Mi'kmaw Elder
Murdena Marshall



**Sacred
Circle Teaching**

from: Marshall, M. 2008.
Traditional Health & Healing
and Women's Roles.
Workshop Module Materials.



Mi'kmaw Traditional Knowledge

Ta'ntelo'Iti'k

*how we
Lnu'k are*



Mi'kmaw Traditional Knowledge

So this is what we truly believe ...
this is what reinforces our spiritualities:

that no one being is greater
than the next, that we
are part and parcel of
the whole, we are equal,
and that each one of us has a
responsibility to the balance
of the system.

(words of Mi'kmaw Elder Albert Marshall)



Let us find ways to
share our stories.

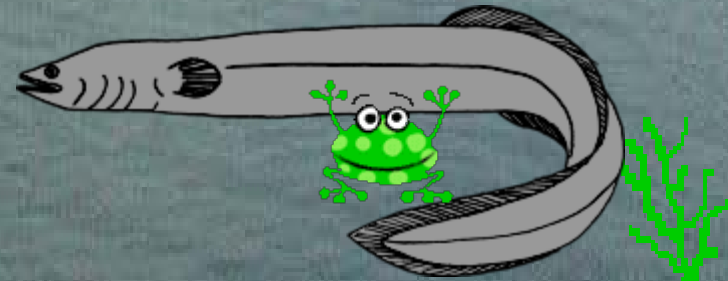
If only we would
spend a few moments
to determine if there
are possibilities for change
... to hear the
STORIES
from cultures other
than our own.

(words of Mi'kmaw Elder Albert Marshall)



Let's consider:

ETUAPTUMUK / TWO-EYED SEEING



Let's consider:

ETUAPTUMUMK / TWO-EYED SEEING

LEARN ... to see from one eye with the best in our Indigenous ways of knowing and from the other eye with the best in the Western (mainstream) ways of knowing ... and LEARN to use both these eyes together, for the benefit of all.



(Guiding Principle in the words of Elder Albert Marshall, Mi'kmaw Nation)

TWO-EYED SEEING - ETUAPTUMUK



Indigenous

Western

Membertou Trade and Convention Centre; collection of Alex Paul



Can we
fathom how
our way of life
would be ... if
we could
really humble
ourselves to
truly work
together for
the benefit
of all?

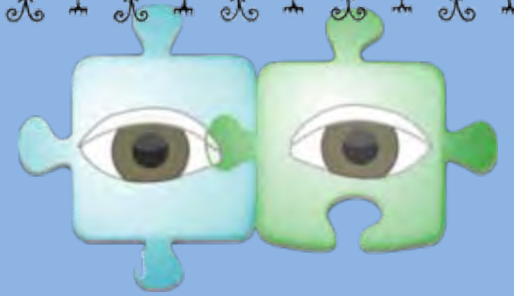
(words of Mi'kmaw Elder Albert Marshall)

As Elders in Our Time

We seek to be a conduit for wisdom of our Ancestors.

We seek to see with "TWO EYES" ... to take the accomplishments of the white man's ways further by blending it with the wisdom of our Ancestors.



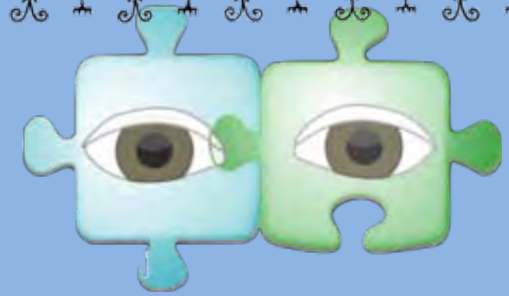


**Everything
that we do
to our natural
world ... we
also do to
ourselves.**



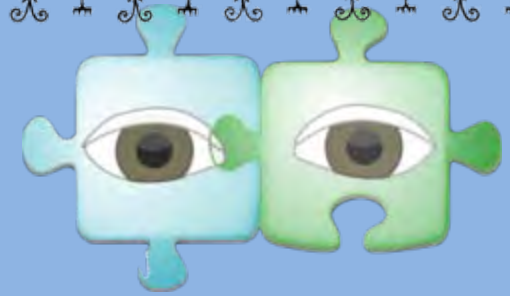
image: www.blackfootcrossing.ca

**If pollution exceeds
the natural cleansing capacity of
our ecosystems ...**

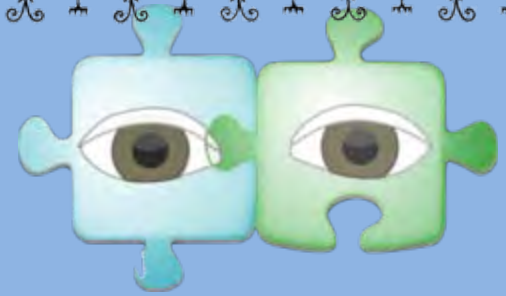


Artist Basma Kavanagh

**If consumption of resources
exceeds the carrying capacity of
our ecosystems ...**



**If species become extinct,
some of our relations are
gone forever ...**

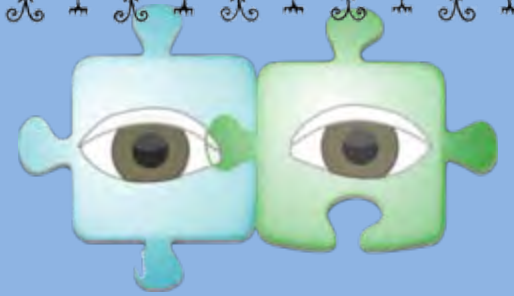


**Ples
(Passenger Pigeon)**

http://www.pollsb.com/photos/o/31479-last_passenger_pigeon_dies_cincinnati_zoo.jpg

<http://www.wunderland.com/WTS/Andy/ProjectEBAY/pics/Death.icon.jpg>

**If people are starving,
they will not care about
environmental sustainability ...**



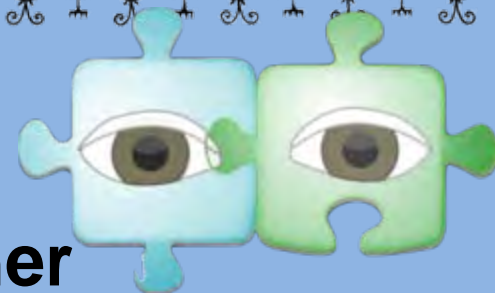
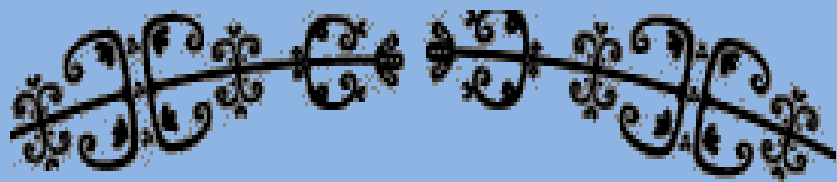


Humans possess responsibilities.
Other species possess rights.



**We have to
dissociate
ourselves from the
“*Myth of False Security*”
that the industrial
revolution has
instilled in our minds.**



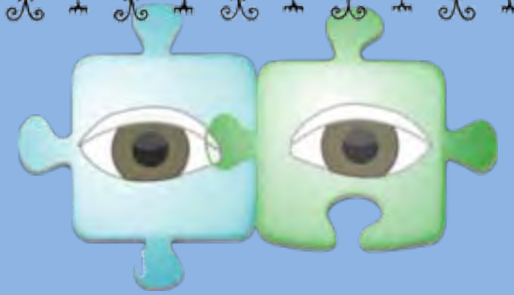


**We need to
come together
as one where all these
things can be taken in.**



Our Mi'kmaw culture is
still very much alive ...
and we can extract
those principles of how
one can sustain
oneself without
compromising abilities
for the future.

**Our language teaches us
that everything alive is
both physical and spiritual.**



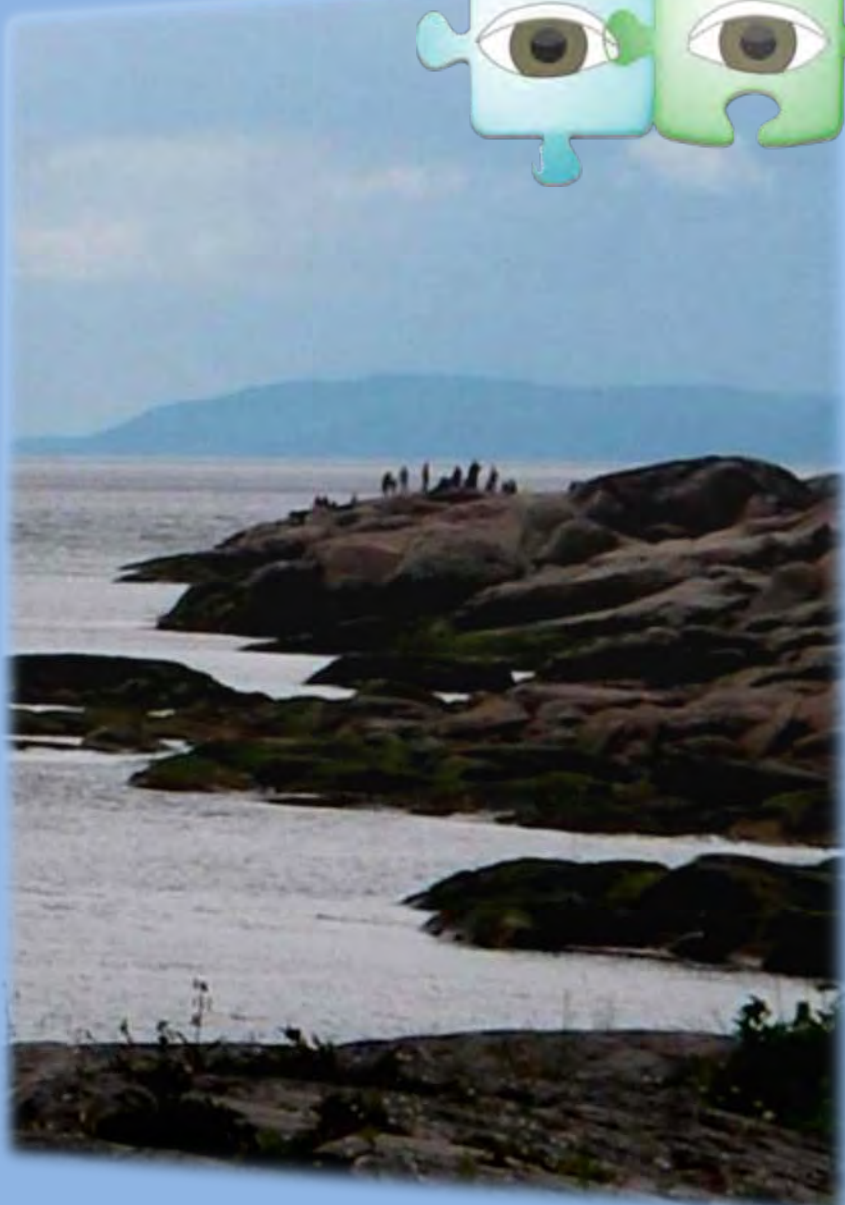
**The onus is on the person
to look at our natural
world with two
perspectives.**

**Modern science sees
objects, but our language
teaches us to see subjects.**

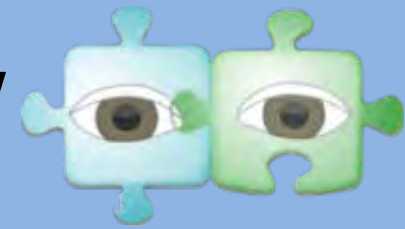


Through utilization of the Gifts from Creator we can become whole. We can take care of our needs: living, dwelling, physical, and spiritual.

All these things that Creator has given us are sustenance in both the physical and spiritual sense.



Our Mi'kmaw language is the key to how our actions will unfold. Each word is much deeper than only taking care of an object. Animacy brings personal connection ... such that actions fit actions (everything is in the picture) and we are always mindful of the



First Sacred Gift of Life: LOVE

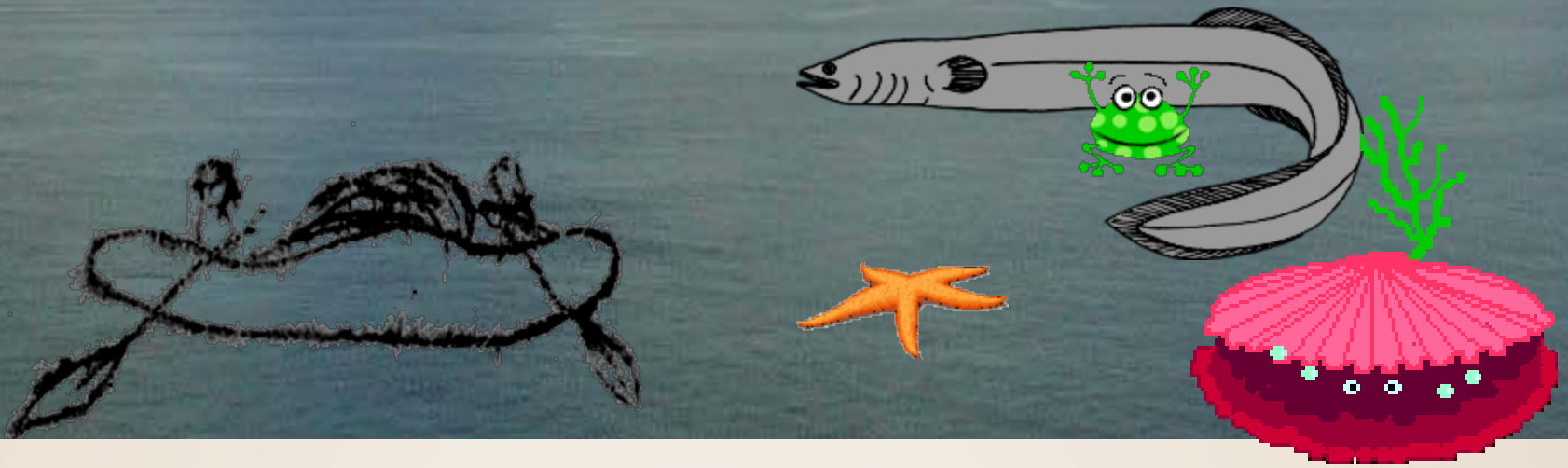
EXAMPLES

- 1) pekajo'tmnej = consider all aspects
... *action is harmonious*
- 2) wulo'tmnej = love some one
... *action is care*
- 3) sespite'tmnej = worry about what you do
... *action is guided*



Netukulimk ... teaches you

values, actions, knowledge of interconnectiveness



**Our Mi'kmaw culture is built on long term vision
and our decisions were made with the
next Seven Generations in mind.**



Netukulimk ... teaches you

It is Living Knowledge and its “Principle for Humility”
is based on Lnu’k knowledge that has been
evolving for the past 10,000 years.



Extent of ice 11,000 years ago. People lived at the Debert site
sometime between 11,000 and 10,000 years ago.

Netukulimk ... teaches you

words of Mi'kmaw Elder Albert Marshall:



Co-existence

“When we look at Creator, if it was meant for me to know everything that I needed to get along, then I would only be one person in the world. Instead, each person is given a skill and develops those skills.”

from: Master's thesis research “Mi'kmaw traditional knowledge of eels” by Sana Kavanagh

Netukulimk ... teaches you

words of Mi'kmaw Elder Albert Marshall:



Inter-dependence

“If some person is struggling, apply your skills to compensate for that person. Some days I’m down and out ... the community will not let me go hungry.”

Netukulimk ... teaches you

words of Mi'kmaw Elder Albert Marshall:

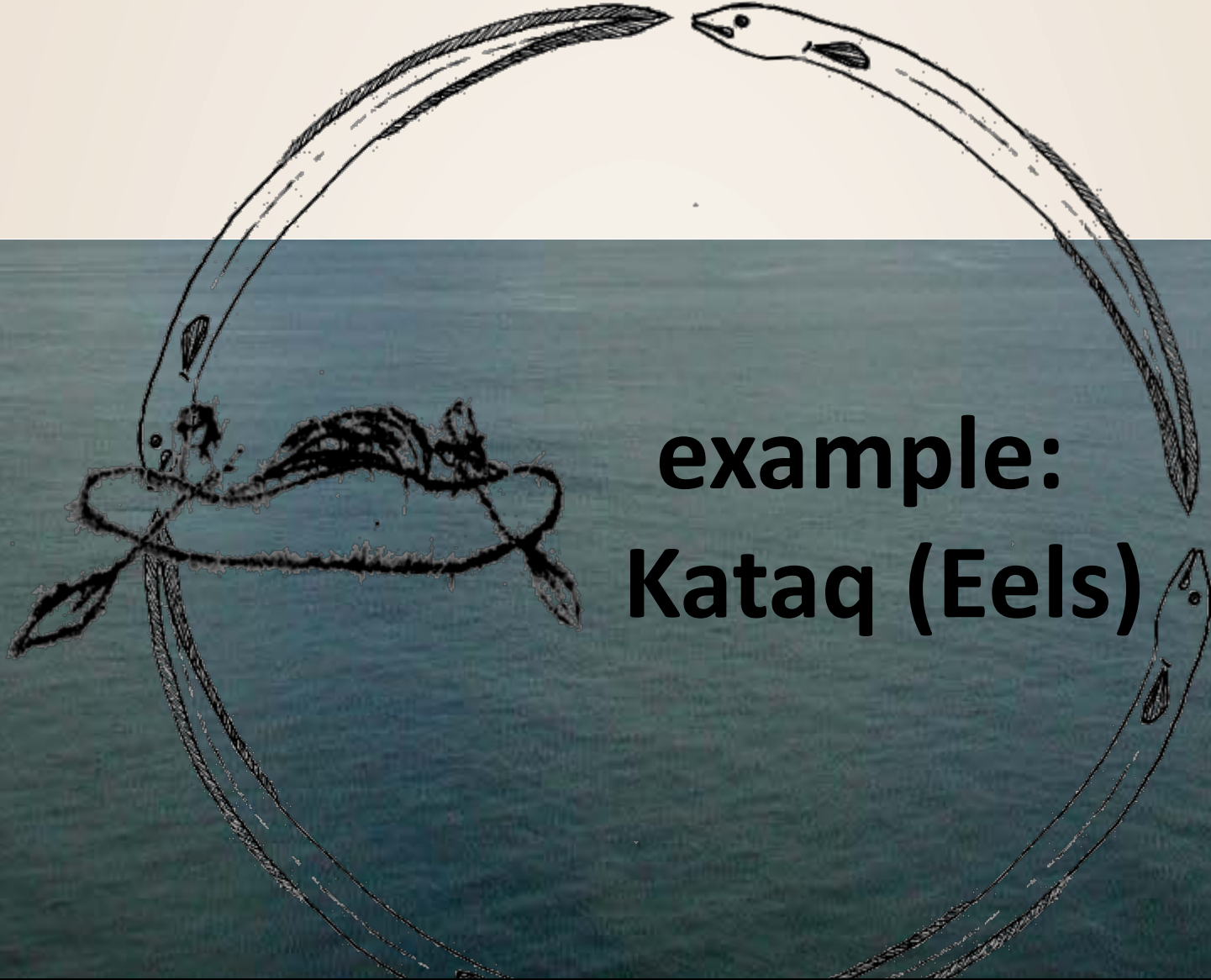


Community Spirit

“The sense of community is constantly triggered ... [you’re] fine tuning your skills to live in balance and harmony with others. It’s a sense of community enmeshed in total being.”

from: Master’s thesis research “Mi’kmaw traditional knowledge of eels” by Sana Kavanagh

Netukulimk ... teaches you



example:
Kataq (Eels)

from: Master's thesis research "Mi'kmaw traditional knowledge of eels" by Sana Kavanagh

Netukulimk ... teaches you



physical activity

stories

food

medicine

Netukulimk ... teaches you



physical activity

stories

food

medicine

“Eels were life to our people.”

Lawrence Bernard, We'koqma'q 2008

from: Master's thesis research “Mi'kmaw traditional knowledge of eels” by Sana Kavanagh

Netukulimk ... teaches you **Limit Catch**

FLO YOUNG OF ESKASONI SAYS

Me and my husband we never used to go out to get fish [eels], more than we need. We get what we need and we go out and get some more if we need more tomorrow or next week. [2009]

Netukulimk ... teaches you **Return Eels Parts to the Water**

GEORGE ALEX OF ESKASONI SAYS

That's taking a lot out of the water, eh?
And when you take something
out of the water you got to
give something back. [2008]



**But ... Kataq (Eels) are
now a “species of concern”.**

**When species
become extinct,
some of our
relations are
gone forever ...**



Artist Basma Kavanagh



All Our Relations



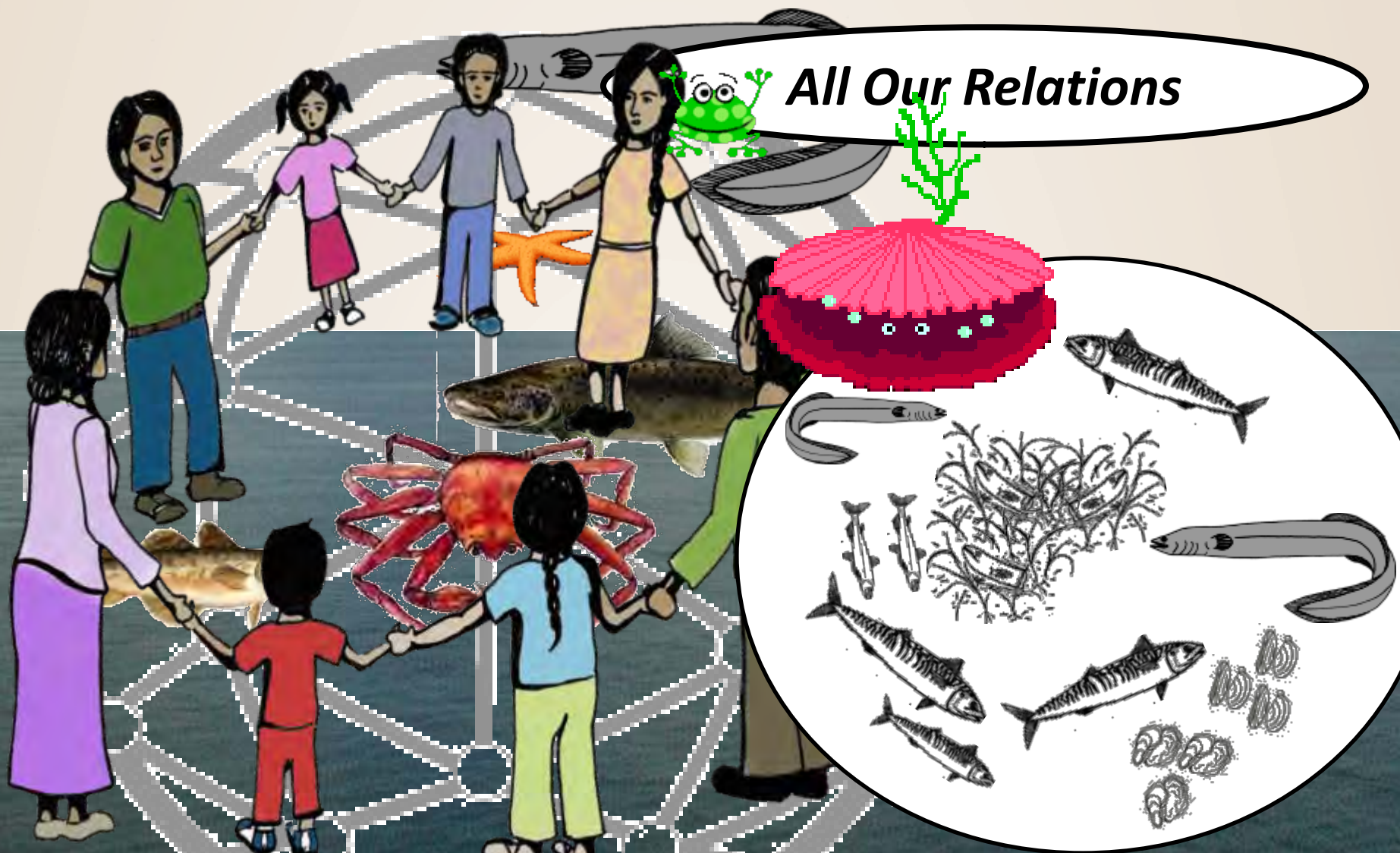
Our
Mi'kmaw
language
teaches
us to
see
subjects
and
relations.

All Our Relations



Our
Mi'kmaw
language
teaches
us to
see
subjects
and
relations.

All Our Relations



**There are opportunities, challenges, solutions ...
we must acknowledge our values – actions – knowledges.**

Consciousness of Knowing

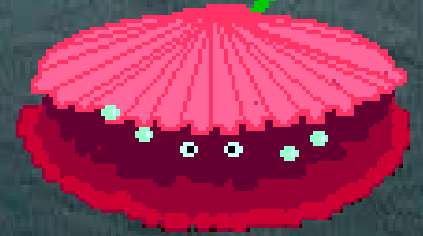
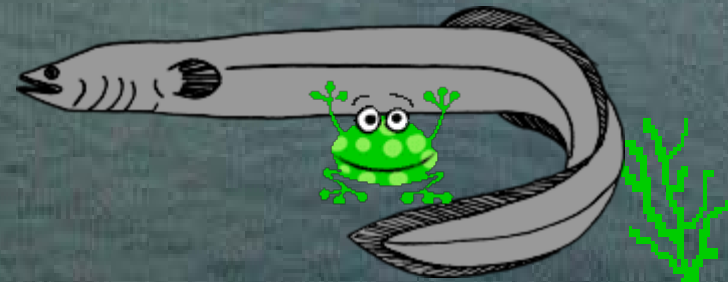


artist Basma Kavanagh

Co-existence
Interrelativeness
Interconnectiveness
Community Spirit
... with each other and
with Mother Earth

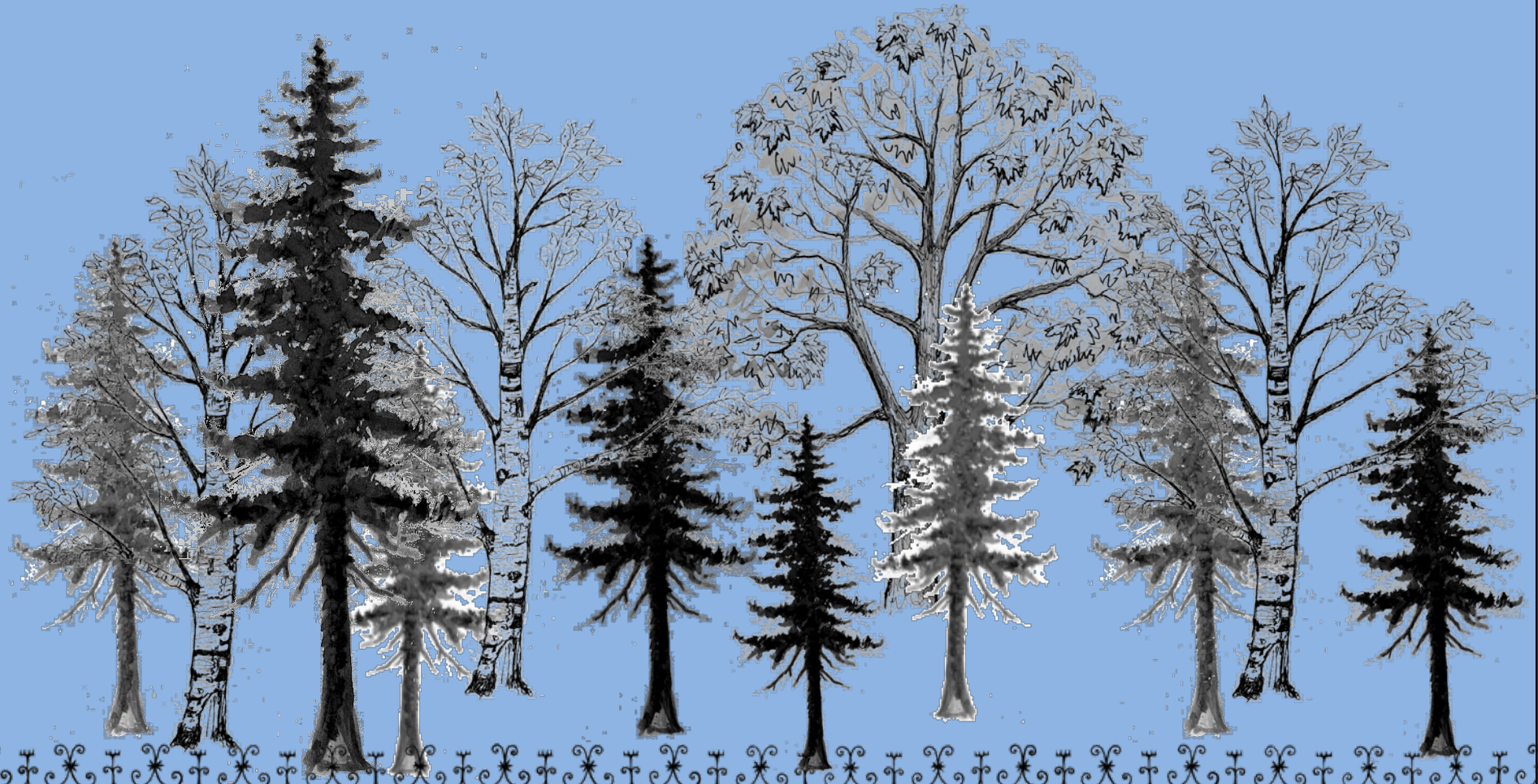
All people must learn
Two-Eyed Seeing
so that knowledge of the
physical is not separated
from wisdom of the spiritual.

Let's consider:
CO-LEARNING



A CO-LEARNING JOURNEY

Go into the forest ...



... you see the birch, maple, pine.

Look underground and all those trees are holding hands. We as people must do the same.

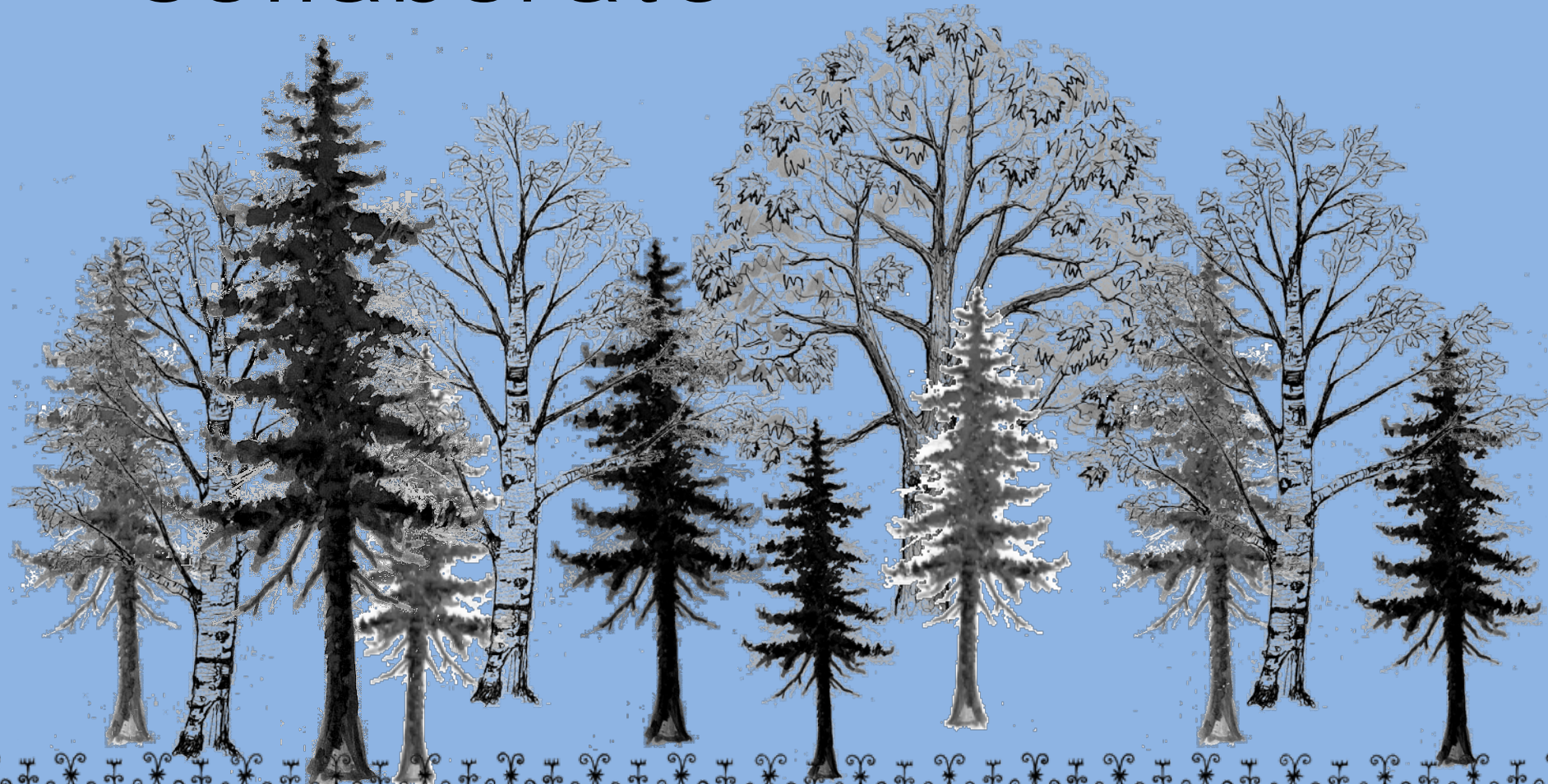
(words of late Mi'kmaw Chief, Spiritual Elder and Healer Charlie Labrador)



be like
the trees:
collaborate

Co-Learning

by way of
group learning



our THANKS to many Elders & many others



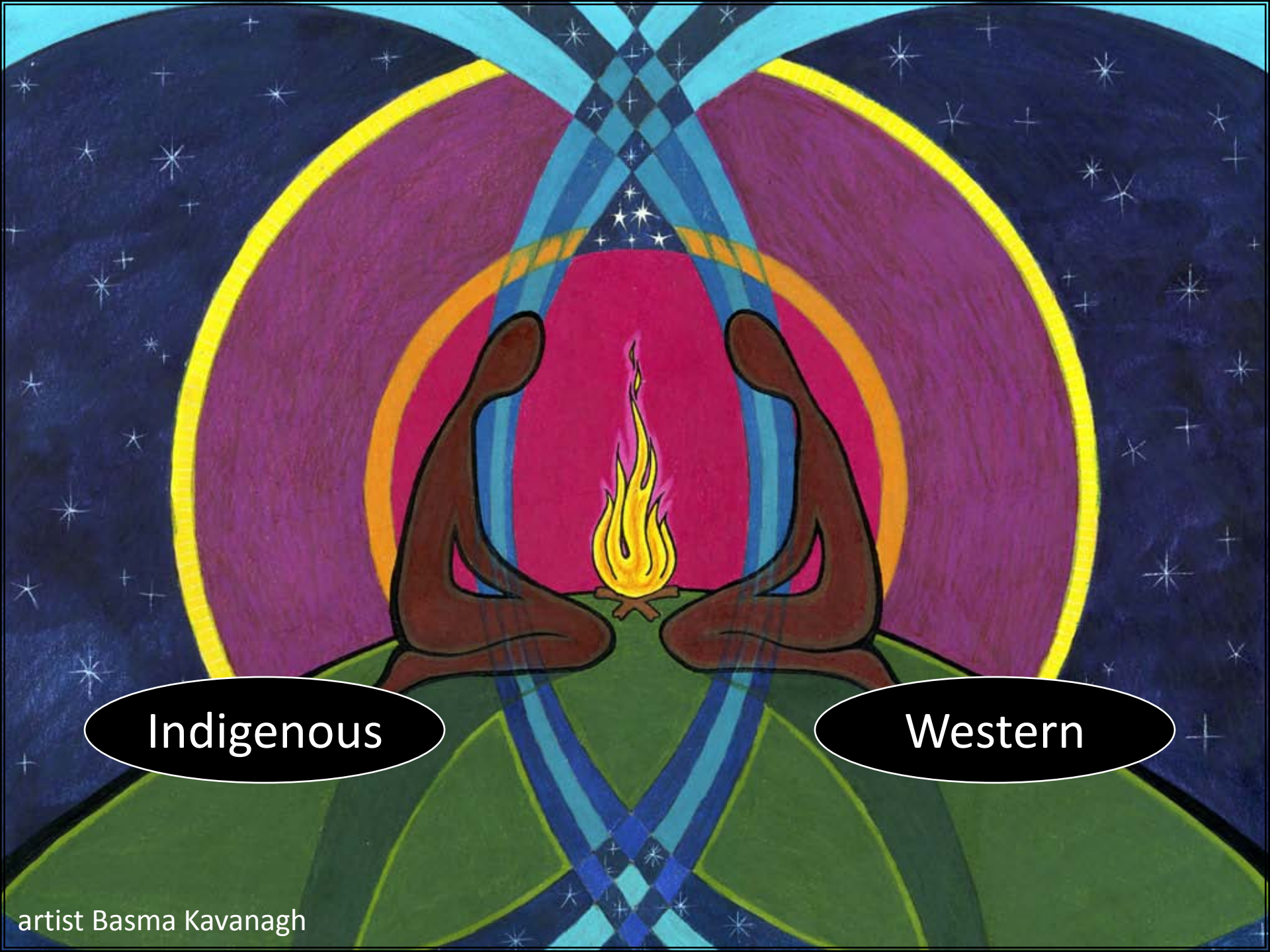
Co-Learning



**Mi'kmaw Elders & Educators
&
Students**

**Research Team
&
Artists**





Indigenous

Western



our sciences
our philosophies
our worldviews
our knowledges
our stories

Indigenous

Western

“bringing together”



artist Basma Kavanagh

TWO-EYED SEEING

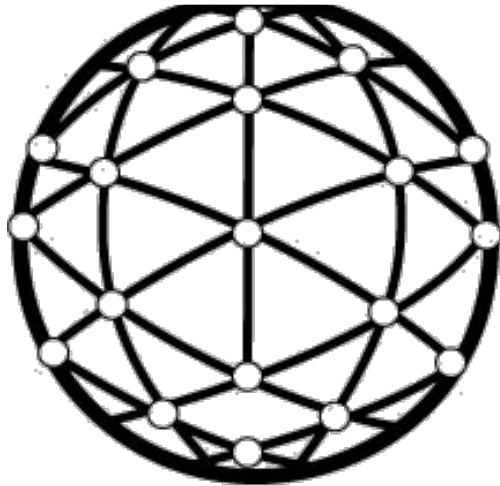
learning to see with the strengths of each and together

OUR WORLD

BIG QUESTION

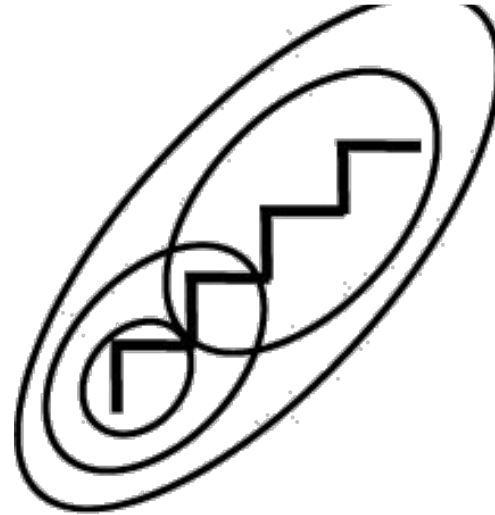
What do we believe the world to be and what is our place in it?

interconnective



CONSTANT CHANGE
within balance and wholeness

parts & wholes



CHANGE
through time

Ecosystem Knowledge Co-Learning with many Elders of Unama'ki

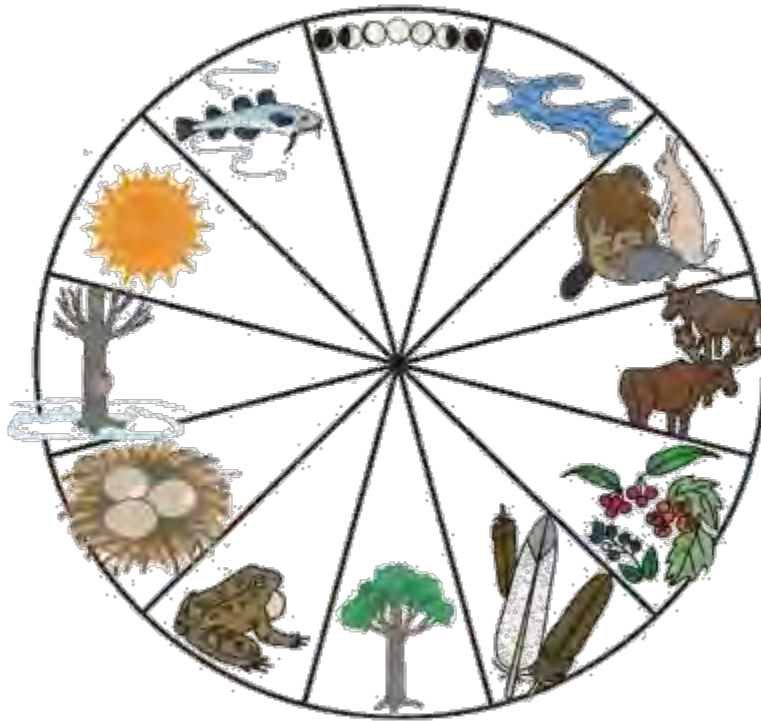


Ecosystem Knowledge Co-Learning with many Elders of Unama'ki



One Full Year in Mi'kma'ki

Ecosystem Knowledge Co-Learning with many Elders of Unama'ki



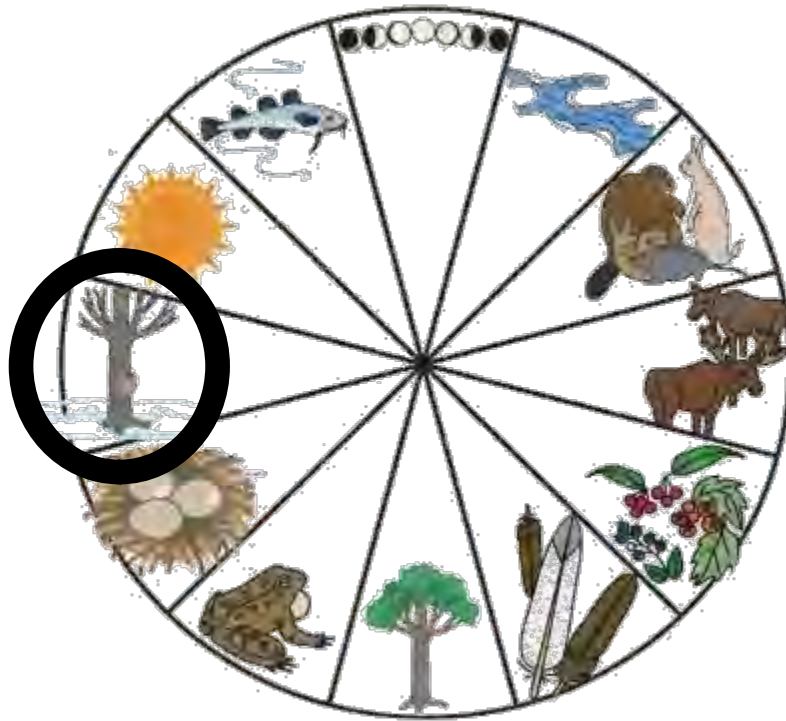
Moons in One Full Year



One Full Year in Mi'kma'ki

Ecosystem Knowledge Co-Learning with many Elders of Unama'ki

≈ Spring Equinox



Moon of
“Maple Sugar Time”



One Full Year in Mi'kma'ki

Ecosystem – Night Sky Knowledge Co-Learning with Elders Murdena and Lillian Marshall

≈ Spring Equinox

Mi'kmaw Night Sky Story



One Full Year in Mi'kma'ki

Ecosystem – Night Sky Knowledge Co-Learning with Elders Murdena and Lillian Marshall

≈ Spring Equinox

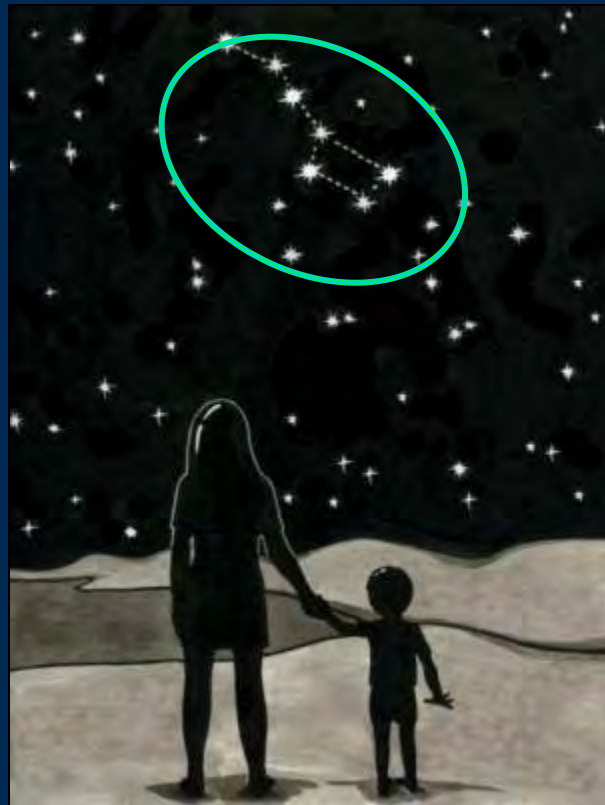
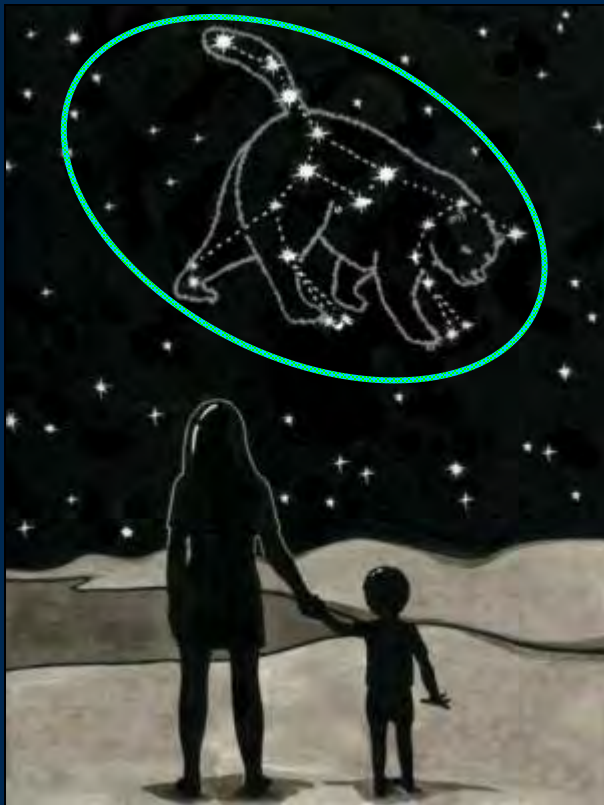
Mi'kmaw Night Sky Story



Ecosystem – Night Sky Knowledge Co-Learning with Elders Murdena and Lillian Marshall

Science

**dynamic pattern-based stories
of our interactions with and within nature**



Ecosystem – Night Sky Knowledge Co-Learning with Elders Murdena and Lillian Marshall



Ecosystem – Night Sky Knowledge Co-Learning with Elders Murdena and Lillian Marshall

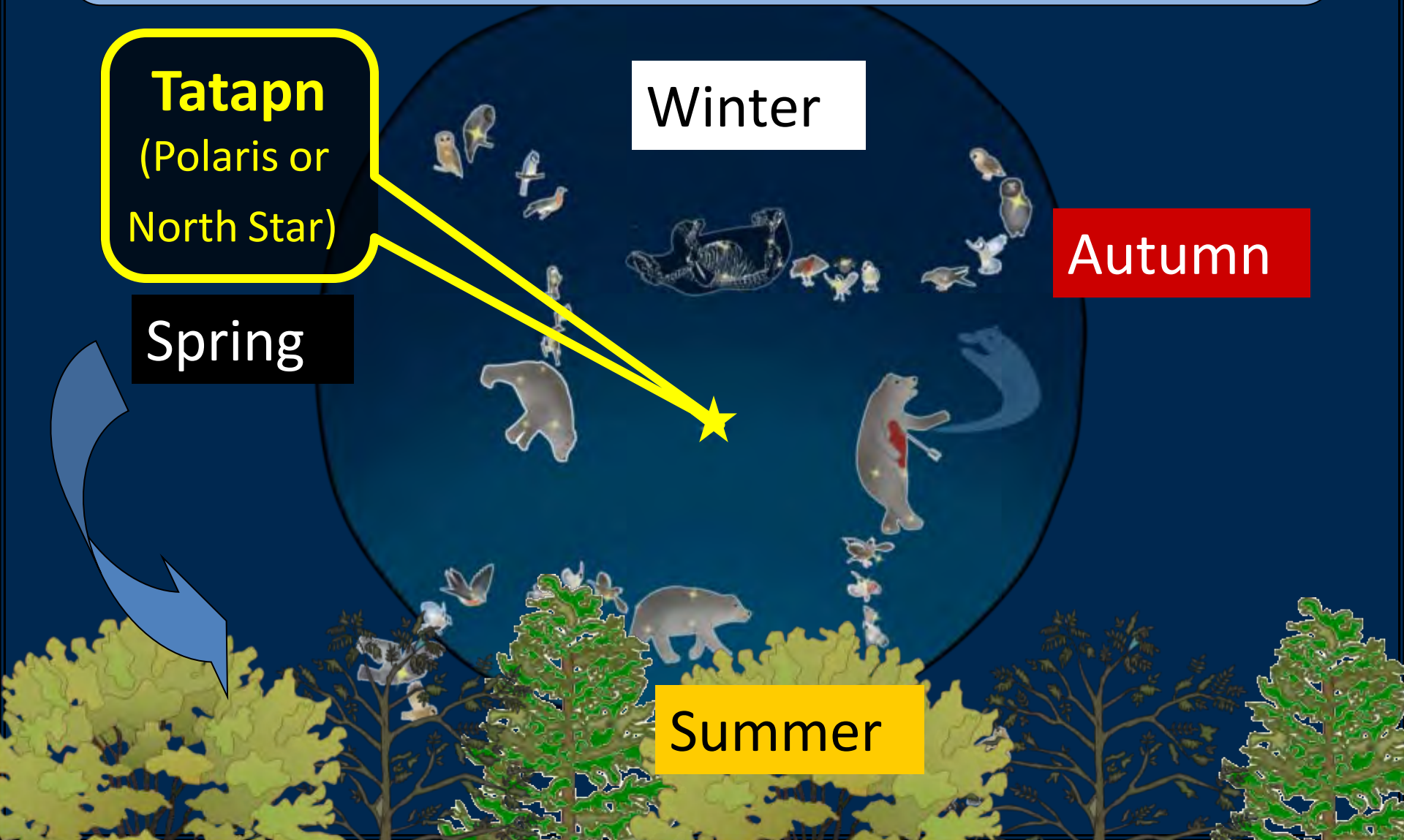
Tatapn
(Polaris or
North Star)

Spring

Winter

Autumn

Summer





“Reflections”

artist Gerald Gloade
Millbrook First Nation



Patterns in Stars



“Reflections”

artist Gerald Gloade
Millbrook First Nation

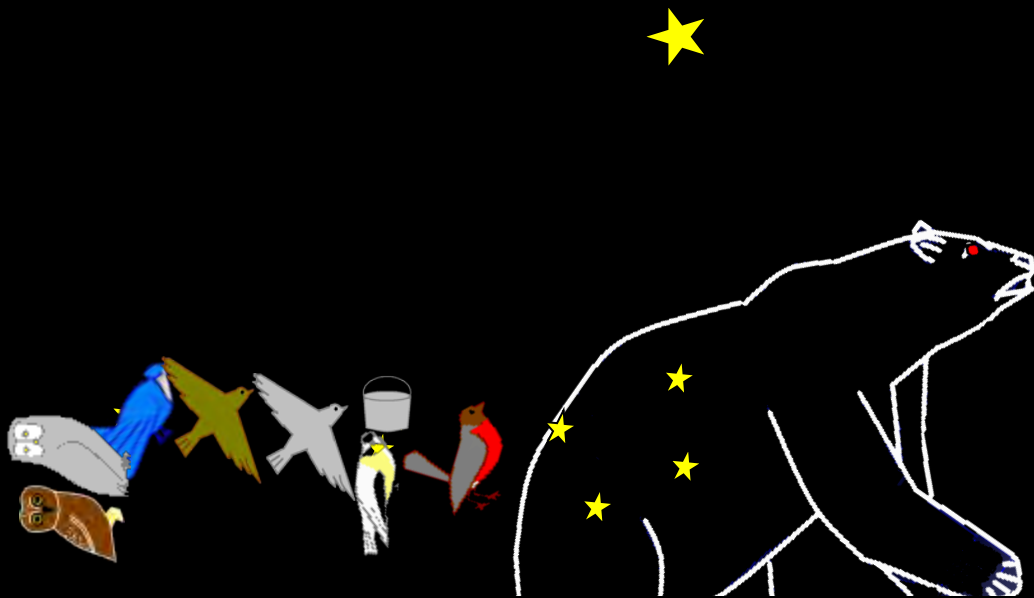


GERALD GLOADE

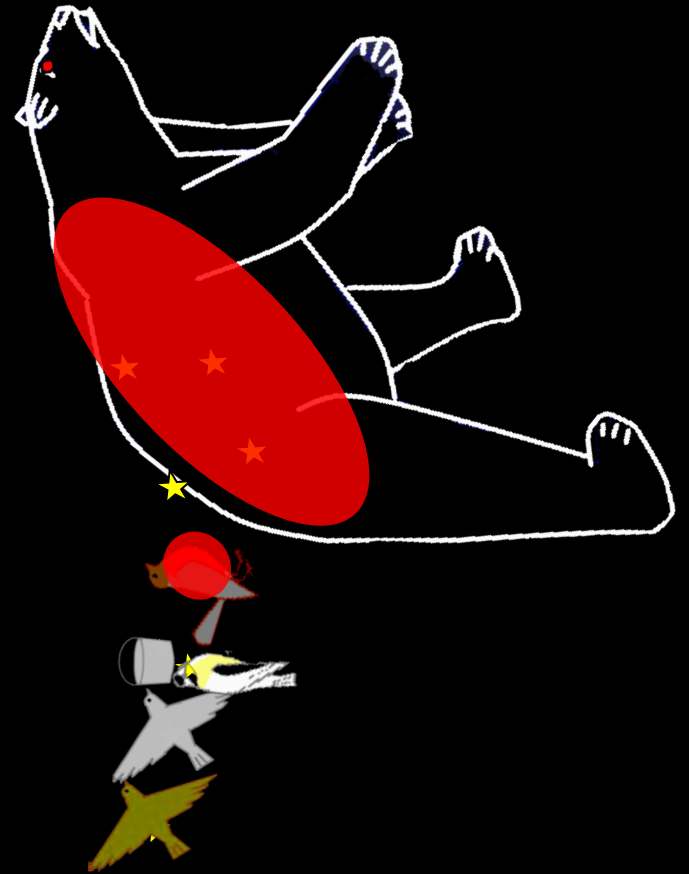
Patterns on Earth



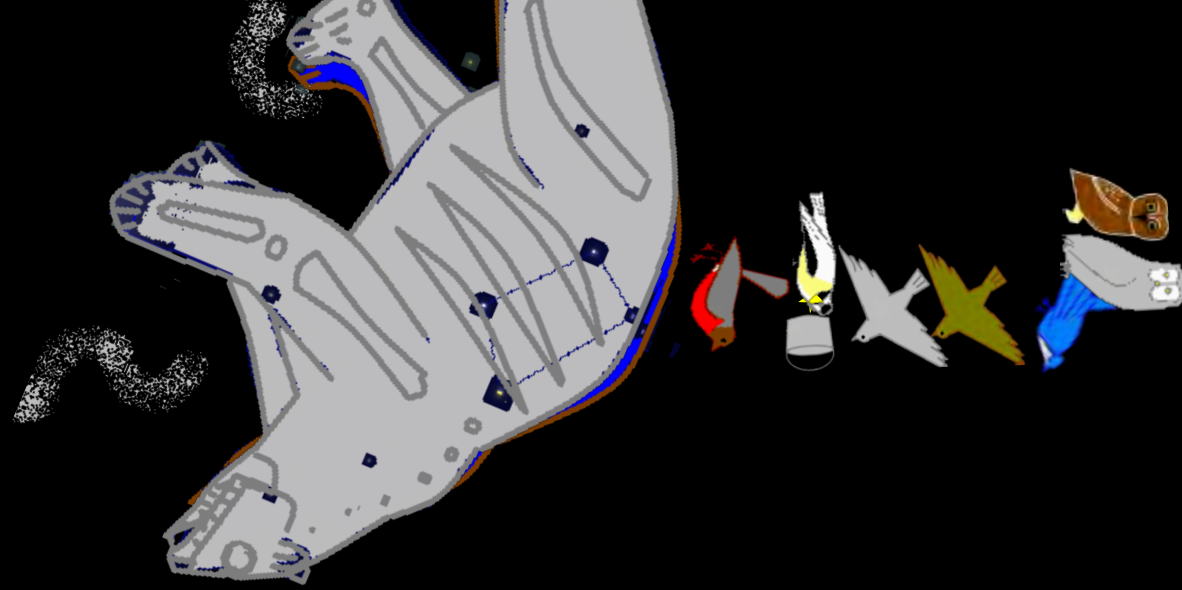
Mid Spring



Mid Summer



Mid Autumn



Mid Winter

Indigenous Science



Muin (Bear) Night Sky Story



learn to be
“PATTERN-ABLE”
in your environment

SCIENCE

★
**Tatapn
(North Star)**

**Na'ku'set
(Sun)**



TWO-EYED SEEING

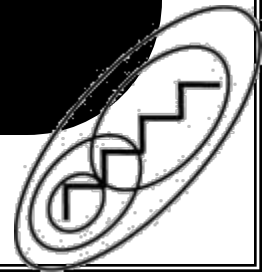
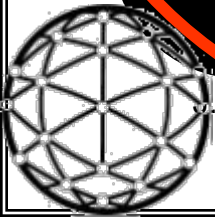
learning to see with the strengths of each & together

OUR KEY CONCEPTS and ACTIONS

in words

- respect
- relationship
- reverence
- reciprocity
- ritual (ceremony)
- repetition
- responsibility

- hypothesis
(making & testing)
- data collection
- data analysis
- model & theory
construction



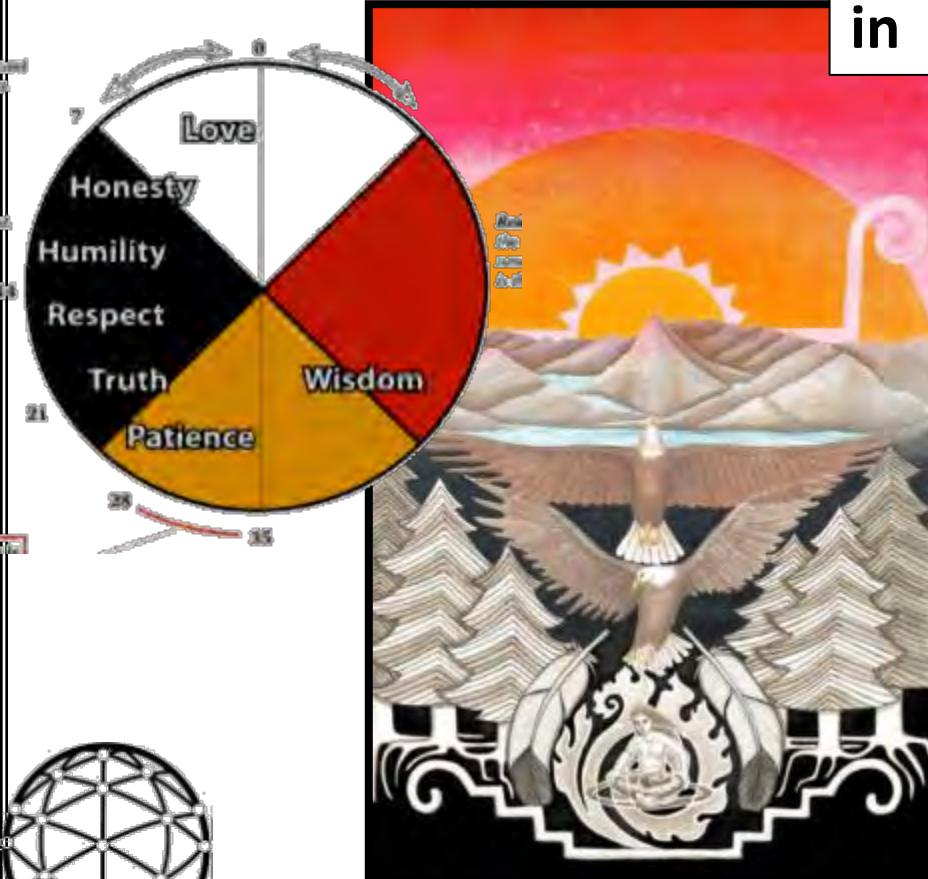
TWO-EYED SEEING

learning to see with the strengths of each & together

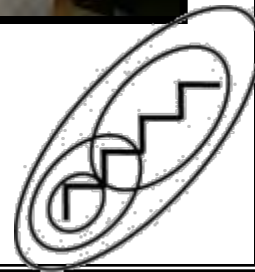
OUR KEY CONCEPTS and ACTIONS

in visuals

photo credit: NRC

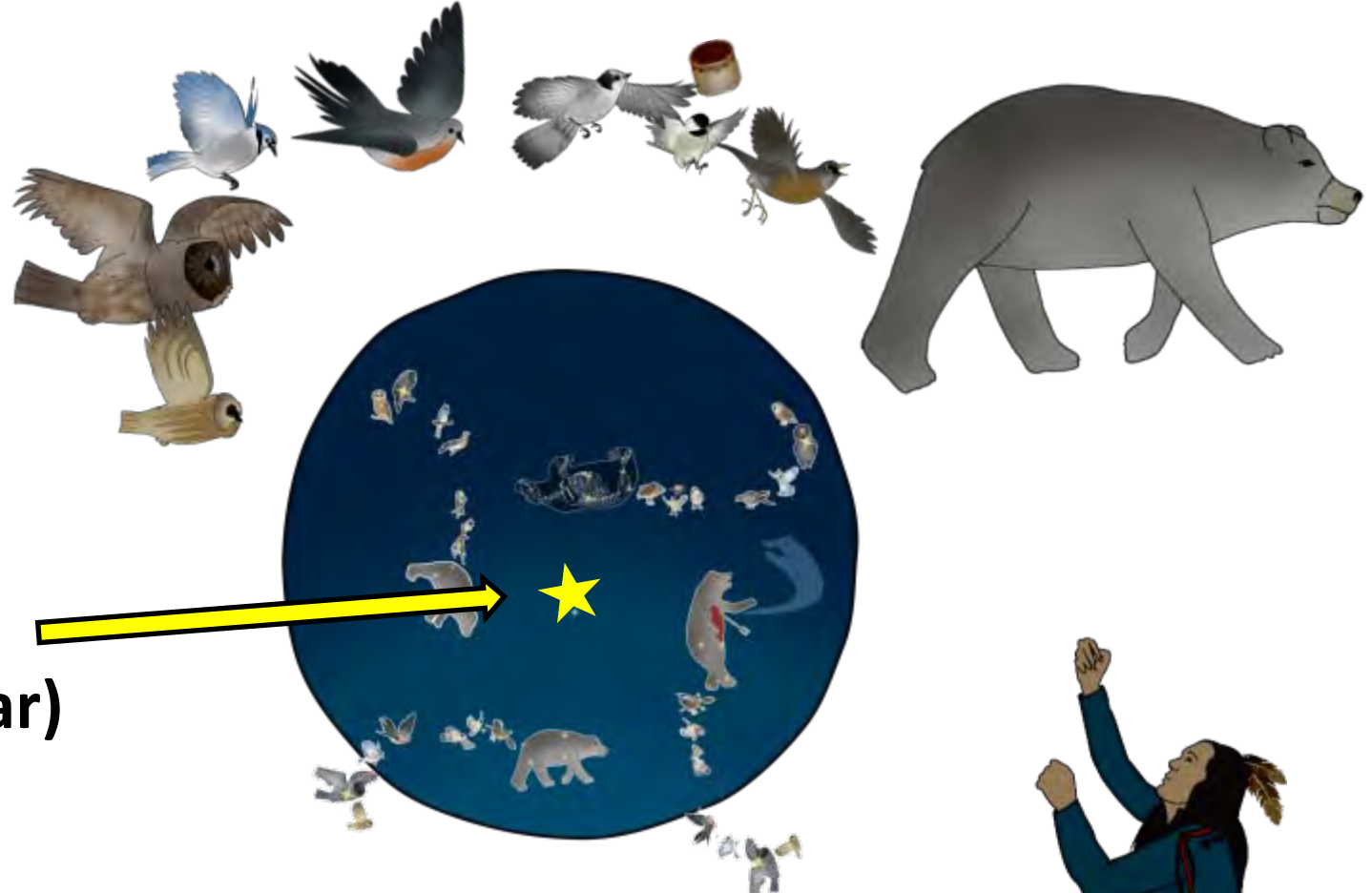


artist Basma Kavanagh





**Story Research & Co-Learning with Mi'kmaw Elders
Lillian Marshall (Potlotek) and
Murdena Marshall (Eskasoni)**



**Tatapn
(North Star)**

**Muin and The Seven Bird Hunters:
Mi'kmaw Night Sky Story
... interconnectiveness of
space-time-life-knowledge-spirit**



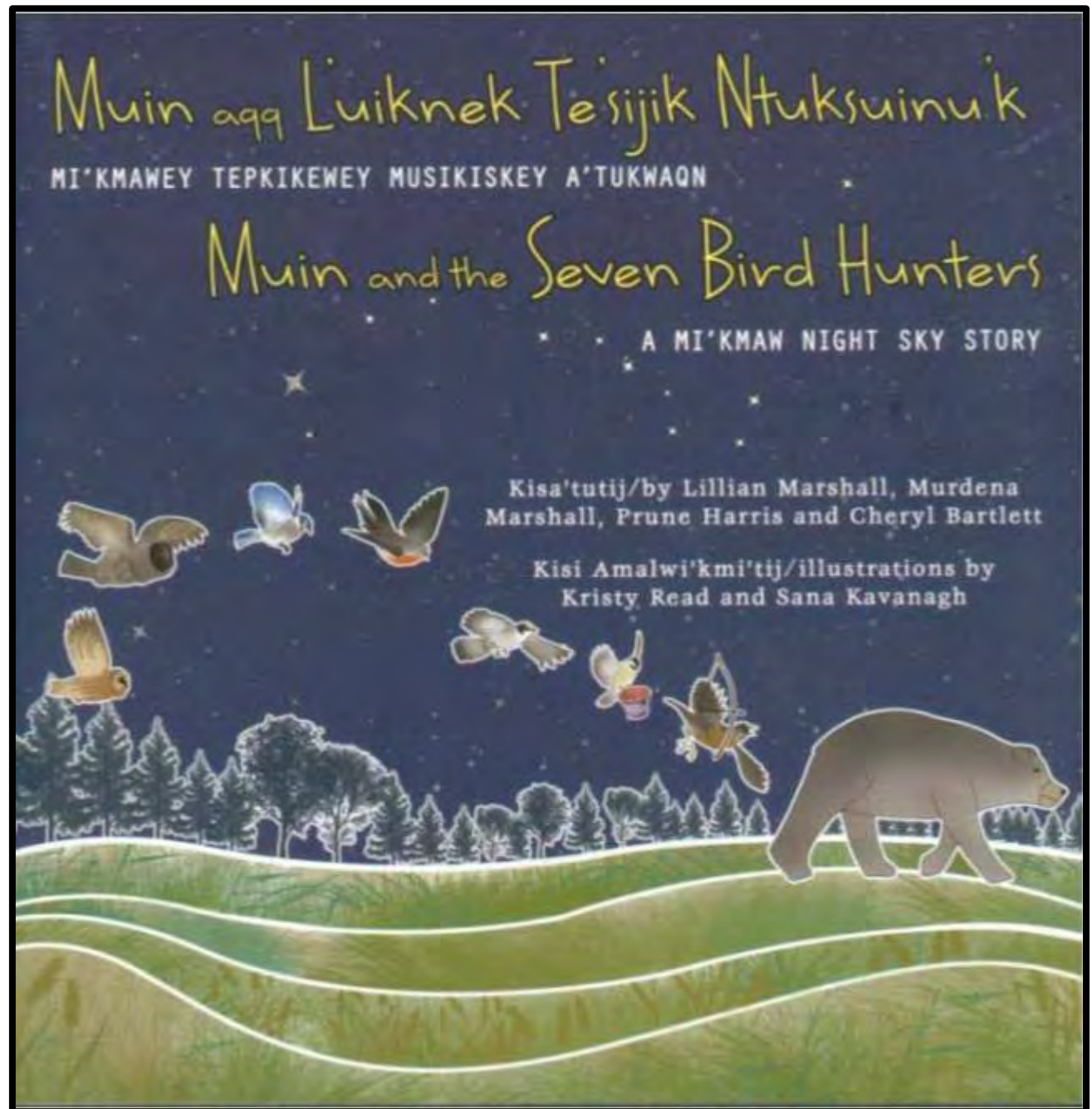
DVD



book

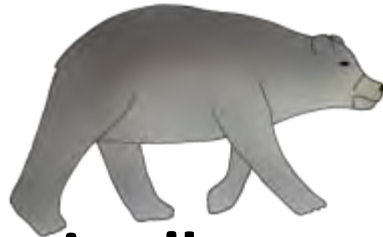


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The Stars in this Story

Muin



Ntuksuinu'k

Jipjawej



Jiji'kes



• Wow

Mikjaqoqwej



Ples



Tities



Ku ku kwes



Kupkwe'j



Mi'kmaq

Alioth

Mizar

• *Alcor*

Alkaid

Seginus

Izar

Arcturus

Mufrid

Arabic

Bear

The Hunters

Robin

Chickadee

• Pot

Grey Jay

Passenger Pigeon

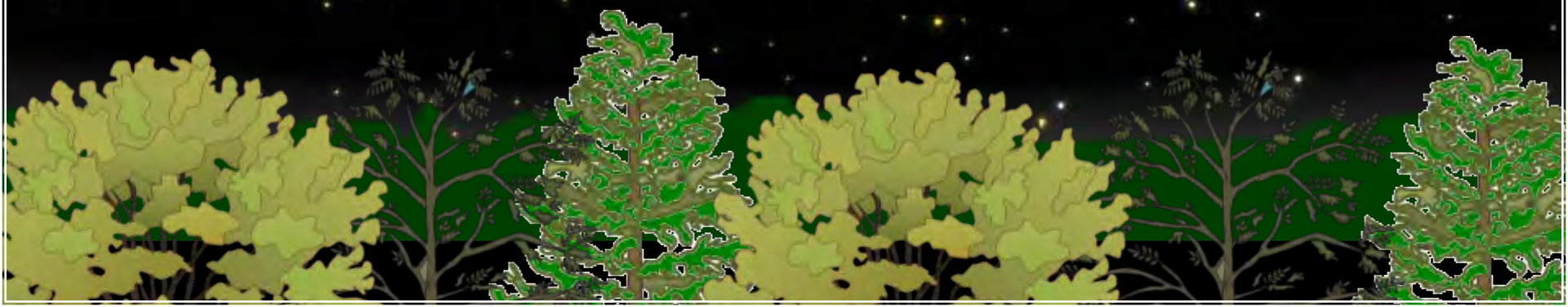
Blue Jay

Barred Owl

Saw-whet Owl

English

The Stars in this Story



The Stars in this Story

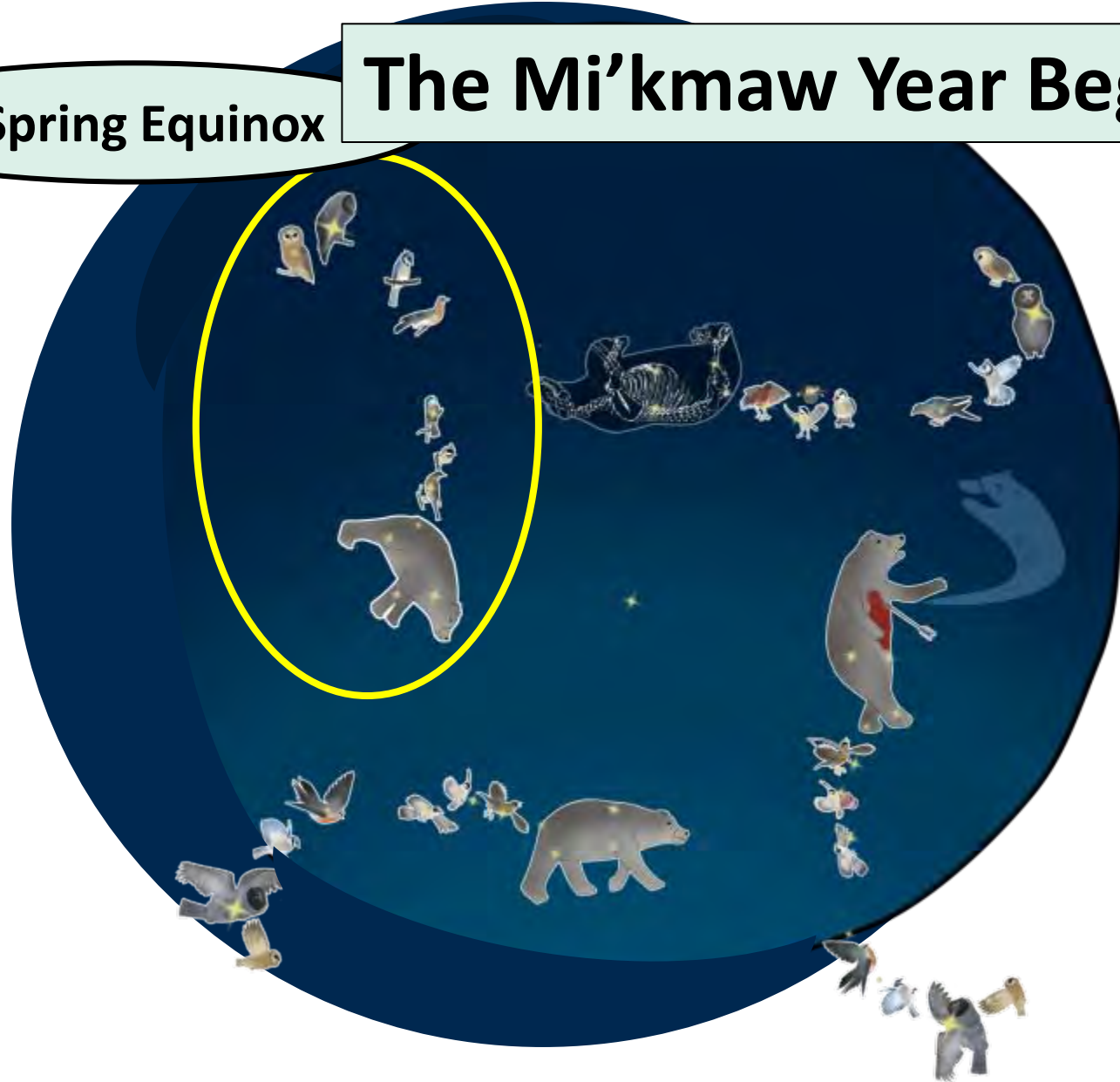


The Stars in this Story



≈ Spring Equinox

The Mi'kmaw Year Begins



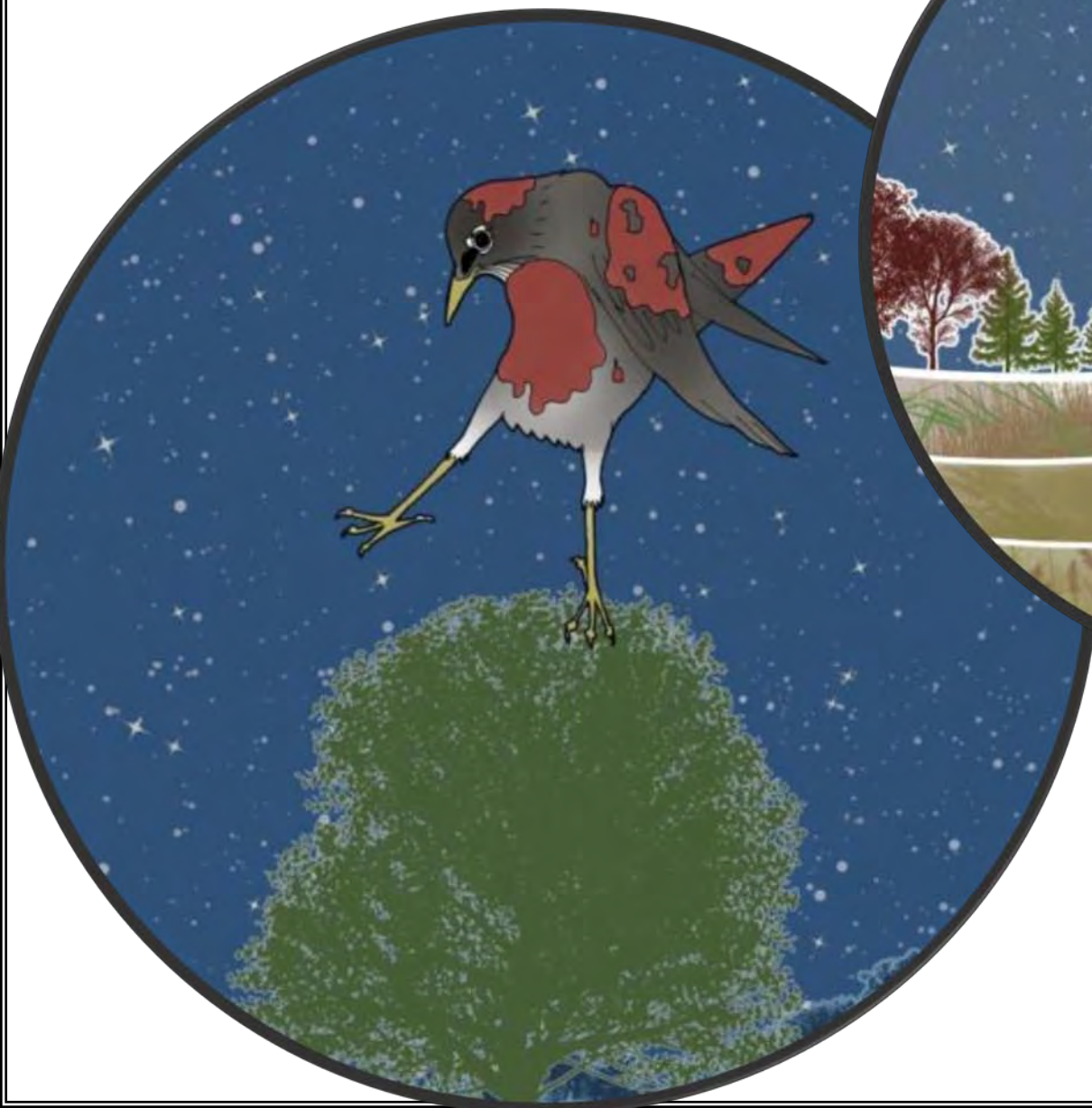
















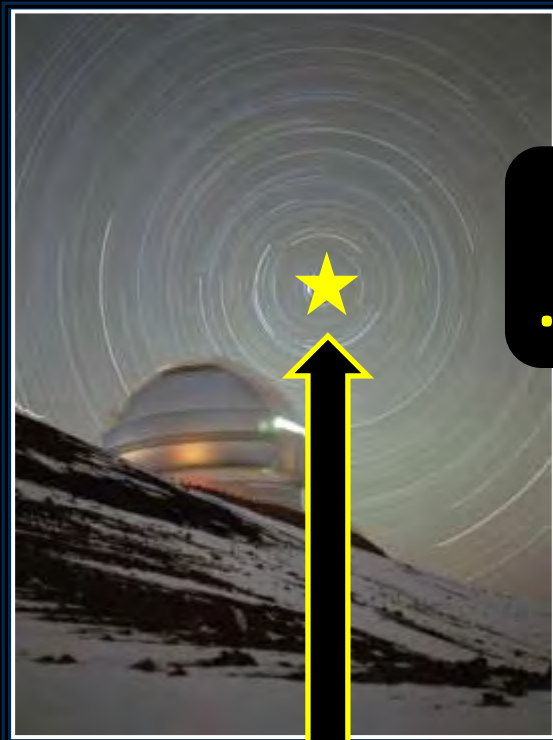








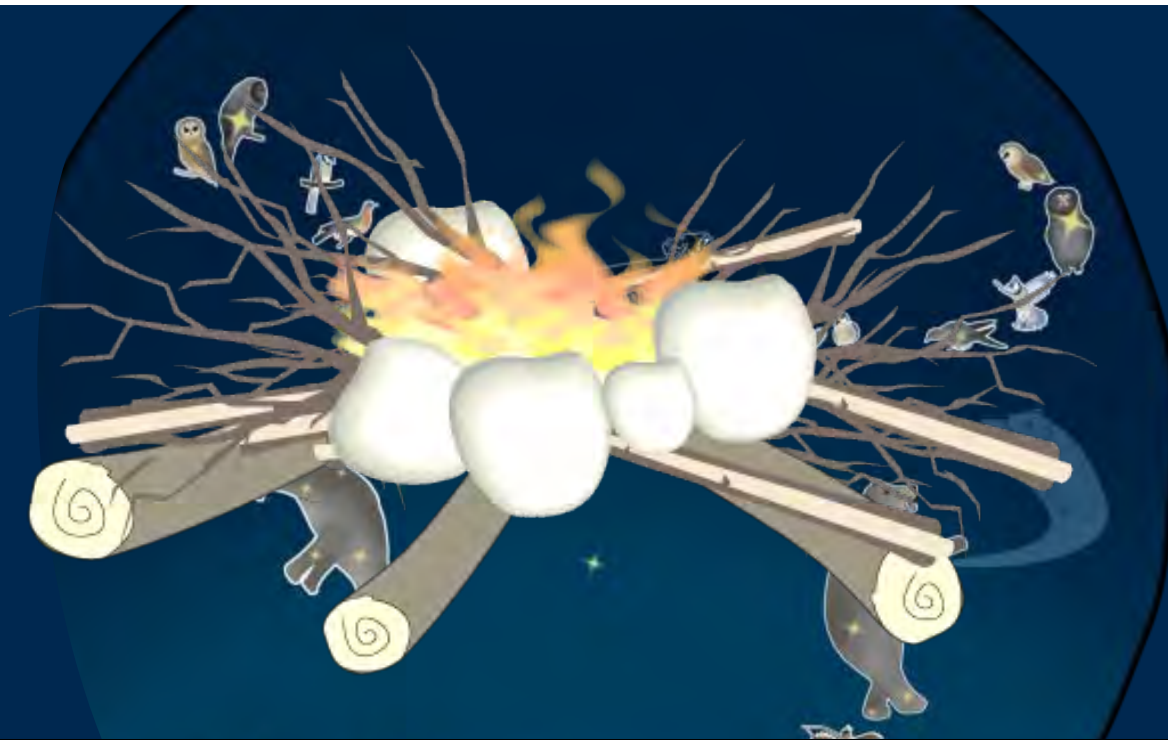
**Muin and the Birds: circumpolar stars
... they “move” in a circle around Tatapn**



Tatapn (Polaris or North Star)



THERE IS NO END



*The story is always happening.
It is told in the present tense.*



TWO-EYED SEEING

learning to see with the strengths of each and together

INTERCONNECTIVENESS



One Full Year in Mi'kma'ki

TWO-EYED SEEING

learning to see with the strengths of each and together

INTERCONNECTIVENESS



One Full Year in Mi'kma'ki

TWO-EYED SEEING

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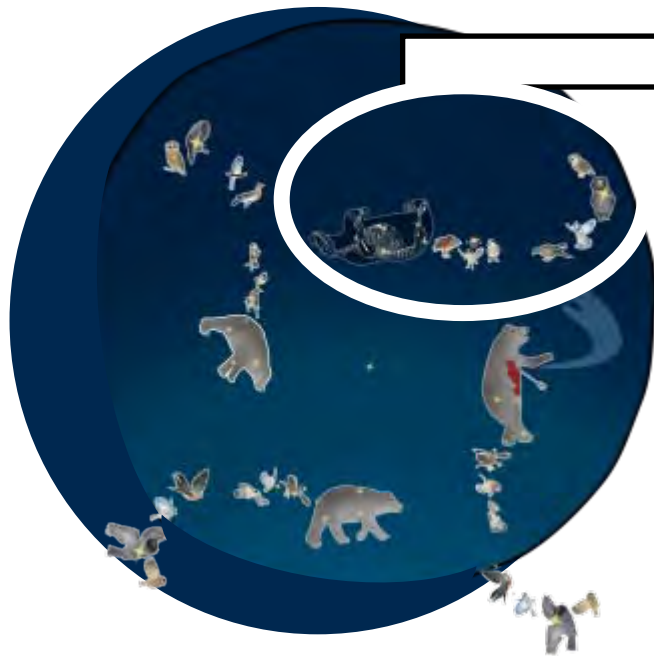


One Full Year in Mi'kma'ki

TWO-EYED SEEING

learning to see with the strengths of each and together

INTERCONNECTIVENESS

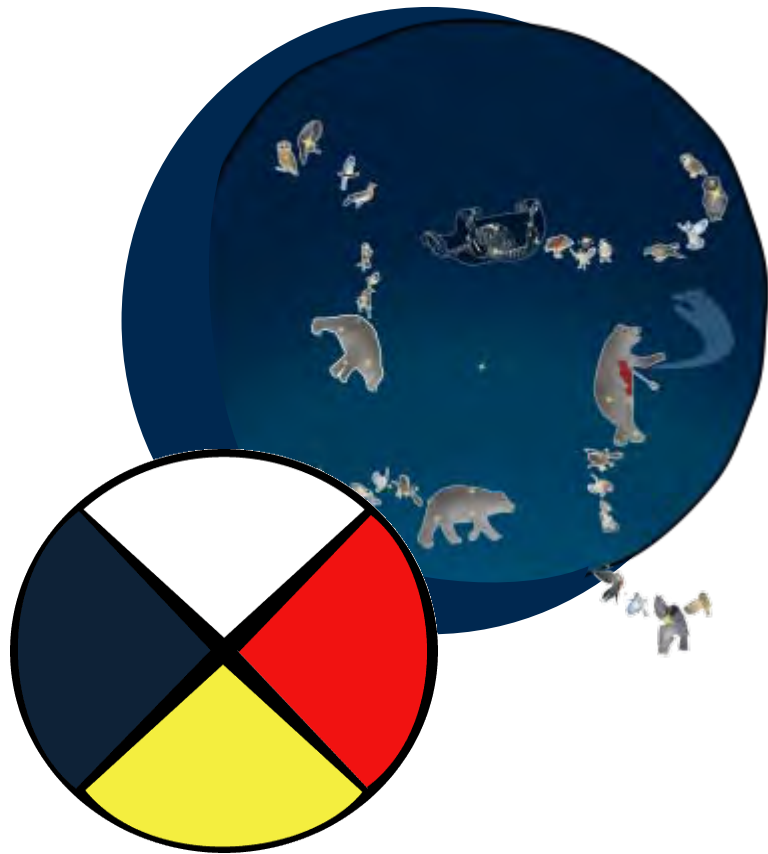


One Full Year in Mi'kma'ki

TWO-EYED SEEING

learning to see with the strengths of each and together

INTERCONNECTIVENESS



One Full Year in Mi'kma'ki

TWO-EYED SEEING

learning to see with the strengths of each and together

INTERCONNECTIVENESS

Night Sky Storywork with Mi'kmaw Elders
Lillian Marshall (Potlotek) and
Murdena Marshall (Eskasoni)



DVD launch: 8 January 2009
Canadian Science & Technology
Museum, Ottawa



book launch: 20 January 2011
Potlotek First Nation School

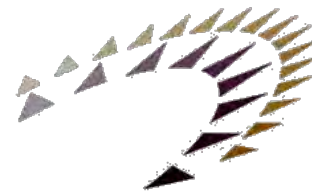
TWO-EYED SEEING

learning to see with the strengths of each and together

INTERCONNECTIVENESS



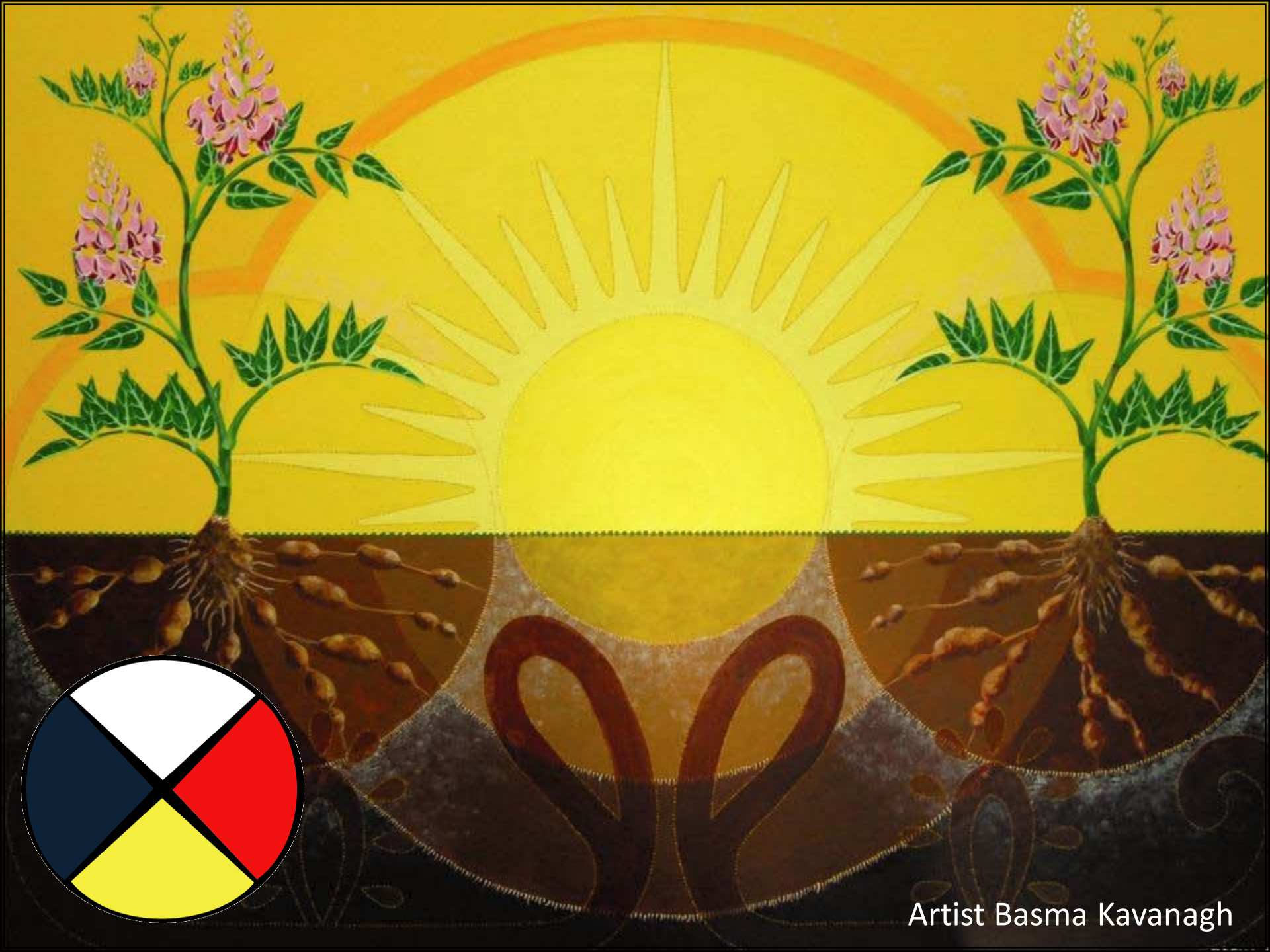
Integrative Science Research Commons



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Fondation canadienne
pour l'innovation

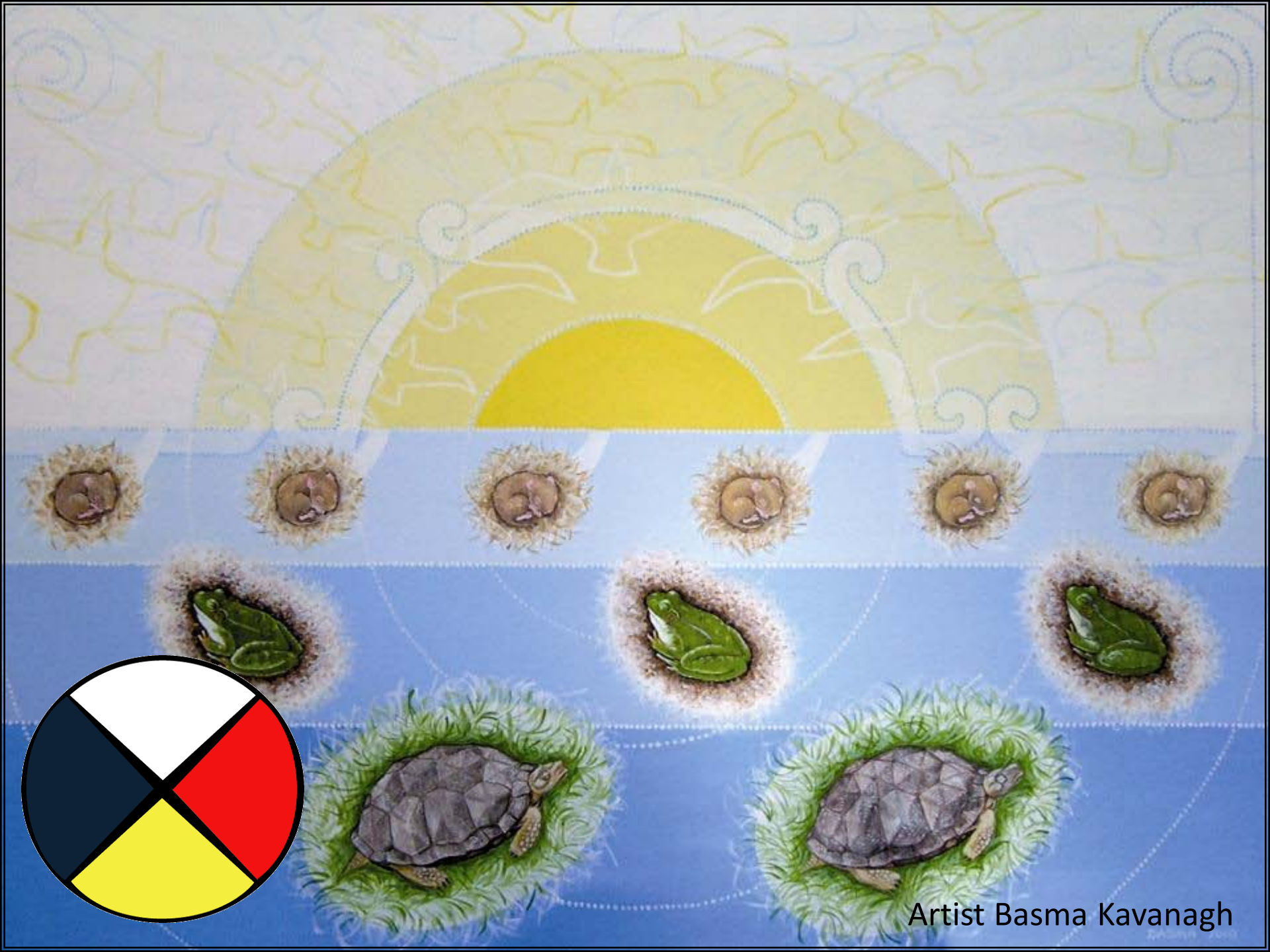
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Artist Basma Kavanagh



Artist Basma Kavanagh



Artist Basma Kavanagh

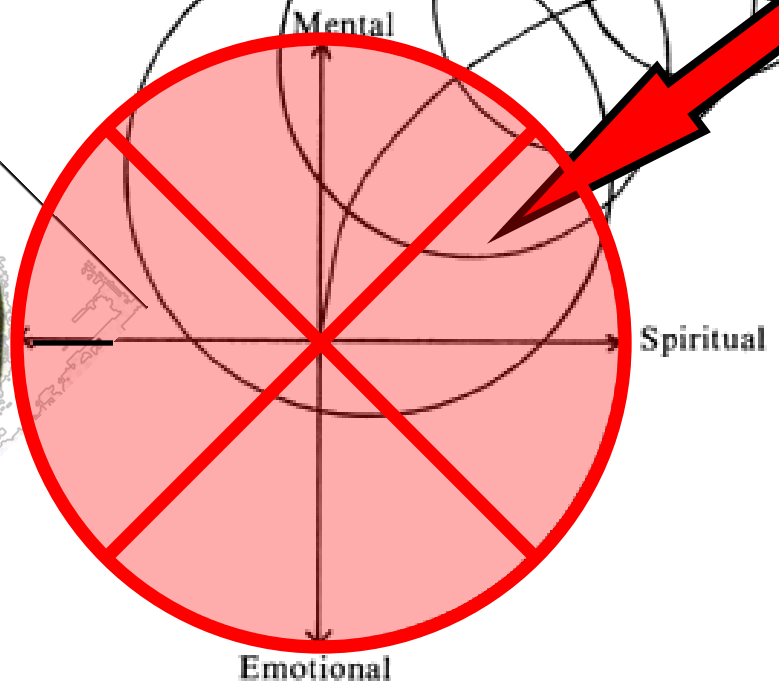
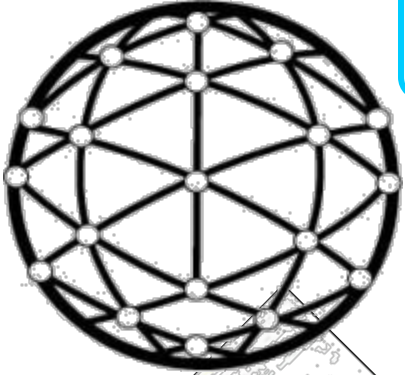


Artist Basma Kavanagh

BASMA 2005

**SCIENCE stories of:
interconnectiveness**

Vision 



my world is "all my relations" (subjects)

our THANKS to many Elders & many others



**Mi'kmaw Elders & Educators
&
Students**

our THANKS to CBU's Integrative Science Team



Research Team & Artists

**Thank you
Wela'liog**

**The assistance of many
individuals is gratefully
acknowledged.**





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Chaires de recherche
du Canada

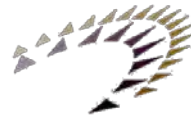


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pour l'innovation



**NSERC
CRSNG**

IAPH



CIHR IRSC

Canadian Institutes of
Health Research Instituts de recherche
en santé du Canada



SABLE
OFFSHORE ENERGY
INCORPORATED



Mi'kma'wey
Debert
CULTURAL CENTRE



Mermaid Theatre
of Nova Scotia



Membertou
Elementary



IWK Health Centre
Foundation



**Thank you
Wela'liog**



Eskasoni First Nation Detachment
Royal Canadian Mounted Police Gendarmerie royale
du Canada



Mi'kmaq College Institute
Mi'kmaq Espi Kina'matno'kuom

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partners and funding agencies
is gratefully acknowledged.**

for additional information see:

www.integrativescience.ca



Artist Basma Kavanagh contact: <http://www.basmakavanagh.ca>
<http://www.basmakavanagh.blogspot.com>

Graphic Designer Kristy Read contact: <http://www.graphicintent.ca>

Wagmatcook Culture & Heritage Centre

Mi'kmaw Cultural Lecture Series



Sharing Our Culture, Our Wisdom, Our Knowledge

The Mi'kmaw people of the Atlantic Region have lived here for many centuries protecting and nurturing the environment and surviving on Mother Earth's bounties. Our story is one of pride, one of hope, one of struggles and one of successes that are now beginning to shine through as we re-discover the connection to the land, to the waters, to the culture. Our respect for our Elder's knowledge and the power that exists through the collective unity of our people gives us hope that we as Mi'kmaw people will help to make a positive difference for our people and the diverse cultures that live with us each day.

The Mi'kmaw Culture & Lecture Series aims to bring these positive messages about our people to participants who are willing to hear our story. Our targets are people that want to learn, whether they are youth, adults, Elders, community members, leaders from different political, government or social groups... it is about opening your eyes and ears to help understand our Mi'kmaw culture, to help honor our heritage, our language, our history.

We invite you to share with us in this journey. Come and relax in a group setting, set your mind at ease, take a deep breath and allow yourself to experience what we hope will be lasting memories of a trip into the world of the Mi'kmaw.

Monthly Speakers

From March 2011 to March 2012, the Culture Lecture Series will focus on traditional and modern topics involving the Mi'kmaw people of the Atlantic Provinces of Canada. These presentations will take place on the last Thursday of each month from 10am-12pm. Sponsorship opportunities are available, please inquire for further information.

Presentation Topics

Topics will range from Traditional Beliefs, Governance, Treaty Rights, Mi'kmaw History, Indian Residential School, Birchbark Canoe History & Construction, Traditional Medicines, Hunting & Fishing, Dancing and Drumming Ceremonies, Two-Eyed Seeing Concept, Colonial History involving the Mi'kmaq, Mythical Stories and more!

Broader Audience Welcomed!

One of our goals is to invite as many people, of all ages and cultures, to come and join us. We also welcome school groups (preferably Jr. High – High School Grades) as well as both local and guests from outside the community that are interested in the monthly topics that will be presented.

Free Registration – No Cost To Attend!

We will be offering these lectures at no cost to you but we would like you to pre-register yourself or your group (schools and/or your organizations) by calling us at least one week prior to the event. Walk-ins are welcomed as well but we'd like to plan ahead as much as possible to help prepare for space.

For more information, please contact:

Wagmatcook Culture & Heritage Centre

10765, Hwy 105, PO Box 30029

Wagmatcook, Nova Scotia, BOE 3N0

Phone: (902) 295-2999 (Main)

Fax: (902) 295-3306

Email: info@wagmatcook.com

Mi'kmaw Cultural Lecture Series Schedule

Lecture Series #1: (MARCH): **Date: Thursday, March 31st, 2011** **Time: 1:00pm – 3:00pm**

Presenter: **Nathan Sack, President** **Mi'kma-way Cultural Consultants**

Presentation Topic: **“Doorway to Cultural Appreciation: Aboriginal Cultural Awareness”**

This workshop is related to the Aboriginal concept of a doorway between different worlds that is opened and closed during various Aboriginal ceremonies. During this workshop, the “doorway” will be open to learn about Aboriginal culture and will close with a better overall appreciation for the culture.

Lecture Series #2: (APRIL) **Date: Thursday, April 28th, 2011** **Time: 10:00am – 12:00pm**

Presenter: **Albert Marshall, Elder (Eskasoni) & Dr. Cheryl Bartlett (Cape Breton University)**

Presentation Topic: **“Two-Eyed Seeing Concept” – Bridging the Western Sciences with Indigenous Knowledge”**

“LEARN ... to see from one eye with the strengths of Indigenous knowledges and ways of knowing, and from the other eye with the strengths of Western (or Eurocentric or mainstream) knowledges and ways of knowing ... and to use both these eyes together, for the benefit of all.” This presentation has been made both locally and internationally!

Lecture Series #3: (MAY) **Date: Thursday, May 19th, 2011** **Time: 10:00am – 12:00pm**

Presenter: **Daniel Paul, Elder, Historian and Author of “WE WERE NOT THE SAVAGES”**

Presentation Topic: **“The Hidden History of North America – First Nations History”**

Mi'kmaq Elder Dr. Daniel Paul will give an overview of the centuries of valiant struggle that North American Indians had to endure to survive the best efforts of the European invaders to divest them of everything, including their lives. That the invaders worked without conscience to cleanse the land of its rightful owners is verified by the horrific methods they used in the process. The truth of this statement is attested by their own records, which give minute details of what and how they did it. A sample of the horrors used: bounties for human scalps, massacre, starvation and germ warfare.

Lecture Series #4: (JUNE) **Date: Thursday, June 30th, 2011** **Time: 10:00am – 12:00pm**

Presenter: **Judy Googoo, Wagmatcook First Nation**

Presentation Topic: **“Traditional Mi'kmaw Herbal Medicines – its uses and significance”**

This presentation will explore the centuries old traditional uses of herbal medicines that the Mi'kmaw people have depended upon throughout the years to help them battle everything from the common cold to dreaded infections and more! Judy Googoo is one of the few remaining individuals practicing the gathering and use of traditional medicines. She will also bring samples of some of the more common traditional herbs used as medicines and will describe how she explores different locations to collect them and how the seasons affect the timing involved in this process.

Free Registration – No Cost To Attend! *GROUPS ARE REQUIRED TO BOOK AHEAD ONE WEEK IN ADVANCE*

We will be offering these lectures at no cost to you but we would like you to pre-register your group (schools and/or your organizations) by calling us at least one week prior to the event. Walk-ins are welcomed without booking. For more information, please contact us at the information listed below. Please Note: Additional costs may be included for special requests (ie: individual group meals, drum groups, etc). Please inquire for further clarification.

WAGMATCOOK CULTURE & HERITAGE CENTRE

ATTENTION: MICHAEL BONA (MANAGER)
mbona@wagmatcook.com

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